

2019 ANNUAL REPORT

“I joined The Center because it is a great organization. I am younger and want to support others who use and need it.”



STILL YOUR CENTER

civic | community | cultural | fitness | social

Dear Friends,

Annual reports typically highlight the year just passed. With this final report from our home on Hillsdale, as we prepare for The Center at Belvedere, we can't help but cast a longer glance back, to our start on a snowy Valentine's Day in 1960.

photo: Stu Scott



We look back in admiration and appreciation, knowing that what came before is what propels us forward. The recognition that people of every age have value. The vision of a community that embraces the power of healthy aging to positively transform lives. The generosity, hard work, and heart that sustain a nonprofit.

Looking across the decades, we see the connections from past to

future. Members whose children grow to become members. Children of donors who become donors themselves. Volunteers whose contributions endure.

Along with connections across time, we see connections across community. The Center, with its fellow nonprofits, works to expand available resources. In this report you'll read about collaborations with JABA, CFA Institute, and Hospice of the Piedmont, just a few of the organizations with which we partner so that we can all do more.

Because when it comes to improving the health and wellbeing of older adults, less isn't more. Your support of The Center means more capacity to meet area need, more programs with impact, and more seniors maintaining their independence and contributing to their families and community.

Thank you for being more.

Greg Menke
Board President

Peter M. Thompson
Executive Director

There were plenty of new things happening with The Center last year—new branding, new collaborations, and a new newsletter among them. New volunteer opportunities, of course, and always new programs. Dedicated volunteers from across the community helped us achieve a fourth national accreditation. And, thanks to huge-hearted, far-sighted donors, we broke ground on The Center at Belvedere. Big stuff.

Know what's not new? All the most important stuff. The warm sense of community. The fun. The focus on people aged 50 and up. The opportunities to pursue favorite things and experience new ones. Because while The Center has been evolving for six decades, we're still the most comprehensive and accessible source for healthy aging—we're still your center!



MISSION

To positively impact our community by creating opportunities for healthy aging through social engagement, physical well-being, civic involvement, creativity, and lifelong learning.

FY19 HIGHLIGHTS

New Name, Same Mission

The name “Senior Center” served us well for nearly 60 years and we’re proud that it’s part of our story. But research showed it was a barrier to participation for people unfamiliar with the vibrancy of our community and the breadth of our programs. There was also confusion with municipally-supported senior centers. And so in September 2018, we became The Center—a rebrand that also provides a smooth transition to The Center at Belvedere.

What hasn’t changed is our mission, or our focus on serving adults aged 50 and up. Everything you’ve always loved about “the Center” is still core to “The Center”—the welcoming sense of community and service, the energy and convenience, the many ways to maintain health and independence.



Nationally Accredited—Again!

In spring 2018, dozens of volunteers—Center members, City and County representatives, community partners, and philanthropic supporters among them—began the quinquennial pursuit of national accreditation. The process: months of work to evaluate The Center across nine comprehensive industry standards. The result: a fourth national accreditation, ensuring that our community continues to have one of the best centers in the country!

Only 1% of the country’s approximately 11,000 senior centers are accredited; The Center is one of just seven to be accredited four times. “These are centers that are held up as models for others to follow,” says National Institute of Senior Centers program manager Maureen O’Leary.

VCU gerontologist E. Ayn Welleford—a visionary leader and trailblazer in the field of aging—joined us for a celebration in December to speak about the essential roles that only older adults can fill in our culture and our communities.

The Colonnades, a Sunrise Senior Living Community sponsored by Foundations of the University of Virginia, has been our loyal accreditation sponsor since 2002. Thank you!

Digging in at Belvedere

Thanks to the hundreds of friends who have made philanthropic gifts, not to mention providing time and counsel, we broke ground on The Center at Belvedere in November 2018. When the doors open in spring 2020, we will be celebrating both our new home and our 60th year of serving the community!

“I see the name change from the Senior Center to The Center as an evolution and not a revolution. It reflects the organization’s value of inclusivity for all the members of our community aged 50 or better. Many embrace their well-deserved (and well earned) senior status, while many aren’t yet ready to view themselves through that lens. Either way, The Center welcomes us all.”

—Jennifer King, Board of Directors

New Programs

Along with these recurring programs, the year included dozens of special presentations and events that were open to the community.

DMV Connect Onsite

Once a month DMV comes to The Center to offer community members aged 50+ services that include driver’s licenses and ID cards, Real ID’s, titles and registrations, address changes, and E-ZPass transponders.

Tap Dance

The return of a much-loved program, with Royal Academy of Dance instructor Diana Freeman. Along with being fantastic fun, tap is great exercise for body and brain.

Financial Wellness Series

A strategic partnership with CFA Institute

This series of classes offers financial education for seniors at all income levels and stages of life to help them secure a more stable future.

Stained Glass Craft Class

A popular offering from instructor Julie Madden in which students create small stained-glass windows or panels using the copper foil method.

Silver Swans Ballet Class

Taught by instructors from Charlottesville Ballet, this class has a devoted following! Incorporating classic ballet principles, it focuses on flexibility, strength, and conditioning—but mostly on fun.

Beading Craft Class

Participants learn jewelry-making techniques to make all manner of projects. It’s creative, social, and a great source of gifts for family and friends!

Creating a Bird-Friendly Environment

Scott Karr shares the entertaining world of backyard birding, with information about identifying and attracting native and migratory birds.

Enjoying Short Stories

The ideal discussion group for those who enjoy robust literature written by a variety of authors but have only a little extra time to read each week.

Sheepshead & Euchre

These trick-taking card games help players improve memory and develop tactical skills.

Astronomy Talks

Charlottesville Astronomical Society’s Larry Saunders comes quarterly to highlight upcoming events for skywatchers, like supermoons and meteor showers.

Staying Healthy

From osteoporosis to posture, bladder health to balance, and arthritis to core strength, the series addresses topics of interest from a physical therapy perspective.

Paint Party

After a step-by-step painting lesson from local artist Tamara Murray, participants leave with new skills and their very own masterpieces.

NIA – Moving to Heal

Nia is a holistic fitness practice that combines dance, martial arts, and mindfulness. Originally designed to offer therapeutic benefits, Moving to Heal Nia is ideal for those new to an exercise program.



Research says that ballet improves the overall wellbeing of older adults and has a tremendously positive influence on several health categories.

..... **PARTNERING FOR GREATER IMPACT AND ACCESS**

The Charlottesville region is blessed with many nonprofits, but none of us can do it all. Teaming up to share resources enables organizations to better address issues that influence healthy aging and align with the region’s public health priorities.

IMPROVING THE FISCAL HEALTH OF SENIORS

The ability to understand financial concepts and make sound decisions about money is important for everyone. At a time when many people can expect to live 20 years beyond traditional retirement age, financial literacy is particularly important for older adults, potentially impacting their overall wellness and quality of life.

Unfortunately, research shows that only about half of Americans grasp the concepts behind managing debt, saving for retirement, or insuring against financial challenges, such as unexpected medical expenses. To help seniors increase their understanding of money matters, CFA Institute and The Center created a suite of programs intended to reach the senior population at all income levels and varied stages of life.

“The Financial Wellness Series is a strategic partnership that will directly empower the seniors in our community,” said Kelli Palmer, director of corporate citizenship for CFA Institute, when the program launched in 2018. “Seniors are vital to a healthy community, and it makes sense to support their financial independence.”

“Lots of info—well-presented! Thank you!”

Because levels of knowledge and need differ—from the savvy investor who lives longer than expected to the low-income senior struggling to make ends meet on a fixed income—workshops range from basic money management to retirement planning to investing. At every stage, participants learn how to make better decisions about their resources, putting them on the path to a more secure future.



photo: Stu Scott

EMPOWERING OLDER ADULTS TO ACHIEVE A BETTER QUALITY OF LIFE



Partnering to offer the Chronic Disease Self-Management Program (CDSMP) is one example of the ways in which JABA and The Center, with their complementary missions, work together. With trainers from JABA and space and marketing from The Center, these six-week workshops help seniors who have ongoing conditions such as arthritis, diabetes, and heart disease build the skills and confidence to take control of their health and maintain their independence.

“It’s a GREAT program! Sharing with other people somehow helps you.”

Collaborating to expand access to this evidence-based program makes social and economic sense; chronic diseases are the leading causes of death and disability and drive 75% of health care spending in the U.S. For older adults—80% of whom have at least one chronic condition—participation in the CDSMP is proven to improve quality of life and lower health care costs.

“This is something we all should have been taught in school,” says Kim Grosner, JABA’s coordinator for Self-Management Education. “Imagine if everyone were making better choices to manage their own health.”

OPPORTUNITIES TO CONNECT, HEAL, AND LIVE MORE FULLY

Two program partnerships with Hospice of the Piedmont provide opportunities to discuss a subject we often avoid but can’t escape—death.

The death of a loved one is tough at any age; for older people in particular, grief and its accompanying loneliness can contribute to declines in physical and mental wellbeing. “The Center has an aging membership, many of whom suffer due to the death of loved ones,” says grief counselor Rene Bond. “Often they are alone and lacking in adequate support.”

The Bereavement Support Group focuses on learning to cope with loss and building internal and external support in an understanding environment. “The bereavement group is wonderful,” one participant said. “My husband passed away in September. The Center is a great place to start being out again alone.”

“The Center provides the people, Hospice of the Piedmont facilitates the groups—a natural partnership, with mutual gain for both.”

Death Cafés are not support sessions but rather discussions intended to transform the way we view and experience dying and grief. Talking openly about death helps us come to terms with our own mortality, opening us up to live more fully and enabling us to support others.

Emotional wellbeing is an important component of healthy aging. Whether it’s becoming more comfortable talking about death before its impact or having access to support and social connections afterward, programs at The Center help older adults meet the challenges that come with life—including death.



HERE FOR EVERYONE

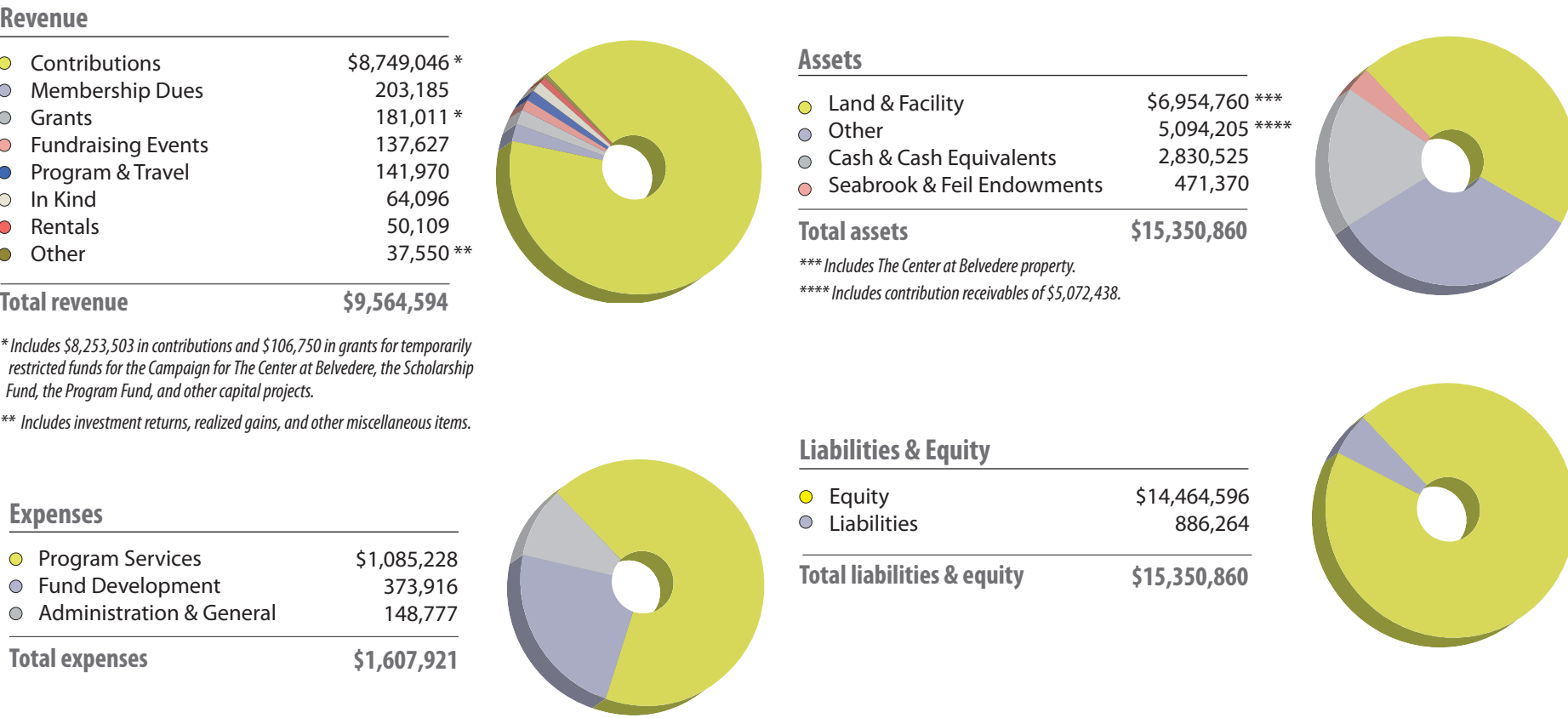
As a community resource, The Center has a role in helping overcome challenges involving inclusion, diversity, and income inequality. Center staff, members, and volunteers continued working in Fiscal Year 2019 to broaden participation in healthy aging initiatives and ensure a welcoming space for everyone.

To make membership more affordable, we implemented a monthly payment option. We increased promotion of the no-hassle scholarships that generous donors make possible. New programs included ones like a conversation with Charlottesville Pride president Amy Sarah Marshall on the challenges and opportunities that arise when someone you love comes out to you as LGBTQ. We hosted a special showing of the movie *Loving* that was followed by a discussion led by local civil rights attorney Steven Rosenfield.

Beyond our doors, grassroots outreach continued at events like the Pride Festival, the Festival of Cultures, Westhaven Community Day, and the Chihamba African American Cultural Arts Festival. We began working with the Southwood community on ways for residents to access Center activities. And we offered evening programs at Ebenezer Baptist Church and collected and boxed food donations for its Community Feast Food Drive.

Going forward, plans include a speakers’ series devoted to diversity efforts in our community as well as more satellite programming to meet people where they live or gather. Everyone needs healthy aging opportunities, and we are dedicated to building a culture of inclusion and access.

FY19 FINANCIAL DATA



Senior Center, Inc., doing business as The Center, is a 501 (c)(3) nonprofit charitable organization. EIN 54-0735666. Contributions are tax-deductible within the extent of applicable law. The independent audit conducted by Robinson, Farmer, Cox Associates was an unmodified opinion. Both the audit report and IRS form 990 are available at thecentercville.org or by request to Senior Center, Inc. The Center is nationally accredited, meeting all the fiscal standards of the National Institute of Senior Centers.



MARTY LOWRANCE & LAURIE LOWRANCE

Nuturing a culture of sharing

Like recipes passed down through generations, gifts to The Center can often be traced for decades into the past and the future.

“Mom was one heck of a cook,” recalls Laurie Lowrance. Making food “was one of the ways she showed her affection. She loved to have people come to our home and our door was always open. We were a small family, but I always felt like it was tremendous because mom had so many friends who we considered to be family. I think this is part of why she loved the Center—folks with little or no family could feel like they had one.”

During the campaign in 1991 for our current building, Laurie’s mother, Marty, made a gift to help provide equipment for the kitchen. She also made an estate gift upon her passing in 2009. When Laurie was thinking of making her own gift to the campaign for The Center at Belvedere, she saw the catering kitchen in the plans and knew it was the perfect way to honor her mother.

“The Center was important to my mother. She valued the way it provides social engagement for so many people. Mom had the biggest heart of anyone I have ever known. She was always helping others and tried to make the world a better place, just as the Center does.”

VOLUNTEERS

positively impacting people of every age

Fiscal Year 2019

615
volunteers

61,700
hours of service

Valued at
\$1.6
million

Supporting
65
area
nonprofits

For older adults, volunteering is the sweet spot of healthy aging. It provides a sense of purpose—a positive social psychological factor that correlates with lower risks of poor physical health. It can enhance social networks, providing a buffer from isolation. And it reduces rates of depression in people 65 and older.

Thank You ...

Kitty Callahan Abell
Rebecca A. Adams-Oliver
Margie H. Adamson
Marcia Aleksiewicz
Peter J. Aleksiewicz
Elizabeth A. Allan
Barbara E. Allen
Seymour Allen
John N. Anderson
Ward W. Anderson
June S. Andrews
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Rosemary Balister
Sandy M. Ballif
Mary A. Barnabei
Jervy P. Bauer
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Tommie S. Chambers
Madeleine B. Chandler
Sonya Chung-Hirano
Henry Wayne Clark
Tommy L. Clark
Christy G. Cochran
Mary Ann Coffey
Clara H. Cohrs
Anne Colgate
Steve Colgate
Todd Cone
Tim Conlon
Stephen W. Cooley
Emma Cooper
Annie Copeland
Gene Corrigan
Katelyn P. Cory
Ronald Cottrell
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Jennifer M. Crews
Charlotte H. Crystal
Alan Culbertson
Roger D. Cyr
Robert D'Angio
Patricia M. Daniele
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Margery L. Danner-Roth
Jonathan Davis
Mary Ann Dawson
Susan Dawson
Gerard (Jerry) R. Deily
Joan P. DeLong
Elisabeth DeMaynadier

Richard F. DeMong
Shobha Deshmukh-Gill
Alice L. DeWitt
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Mark Dryer
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Sandra W. "Sandy" Everton
Hi Ewald
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Margaret Fitch
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Sandra J. Fizer
Mark Fletcher
Anderson C. Folsom
Joshua W. Folsom
William B. Folsom
Donald W. Foss
Mary Jean Foss
Lynette Fountain
Alice C. Frei
Kirstin Fritz
Paul Fritz
Jane Fruchtnicht
Dana R. Fulk
Patricia E. Gadus
Jesse Gammon
Wayne S. Gammon
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Bruce Garretson
Sandra Z. Garrett
Edwin E. Gatewood
Marshall B. Gatlin
Ted Gaudette
Terry Gaudette
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Doris W. Gelbman
Derick R. Gerstmann
Robert Gest
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Sally G. Gieck

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Roberta L. Humphrey
Roberta M. Hysell



Long or short, high or low, hiking is an activity that encourages physical and psychological health. Groups go out twice a week from The Center for hikes that generally range from 6 to 8 miles. Volunteers plan and lead the hikes. "You feel strong," says one veteran hiker, which is no small incentive when society tends to associate growing older with growing frail.

Barbara Jackson
John A. Jackson
Phyllis D. Jackson
Robyn Jackson
Sabin Jackson
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Beverley J. Jacobs
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David K. Johnson
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Robert C. Lorish



photo: Stu Scott

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Royal Shelton
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Saloni Singh
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William F. Steigman
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Jan Stoffberg
Aloma Stone
Debra Stone
Ruth S. Stone
Thomas C. Stott
Kerwin C. Stotz
Barbara Stremikis
Larry R. Stremikis
Elizabeth C. Stumpf
Evelina T. Suhler
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Tricia Suszynski
Elizabeth "Betty" Swamback
Ruth Sweet
Douglas Tarring
Daphne E. Teegarden
Thomas J. Teisberg
Kuldeep Teja
Tallulah R. Tepper
James L. Tew
Christine Thalwitz
Larry E. Thomas
Kim Thompson
Peter M. Thompson
Arthur Thorn
Richard Thurston

Curtis Timberlake
Ann R. Toms
Jessie D. Tosto
JJ Towler
Patricia Travers
Jacqueline A. Trombley
George H. Truxel
Martha L. Truxel
Elly Tucker
Robert W. Tucker
William D. Tucker
Marion S. Turk
Delores E. Van
Annie Vanderwarker
Jorgen Vik
Donna Vinal
Richard Vinal
Stephany L. Vittitow
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Hilda Ward
Joseph T. Warden
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Michael R. Wilson
Deborah A. Winslow
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Alana Woerpel
Kurt E. Woerpel
Ann Wolnick
Kathy J. Yarmey
Emerald Young
Marguerite P. Young
Lisa Zangla
Jean L. Zoumaris

... for volunteering!

Volunteers Make A Difference

“ JABA’s Long Term Care Ombudsmen help residents in nursing homes and assisted living by listening to their concerns and helping to find resolutions. We serve as advocates for people who may not be able to speak for themselves or don’t have family or friends nearby to help them. We rely on volunteers to help make sure that the thousands of long-term care residents in our area have access to our services and people who are willing to help them.

The Center has connected us with some of our most outstanding, dedicated volunteers who have made substantial improvements in the lives of senior citizens. We’re grateful for our partnership with The Center and the wonderful resource it offers us and the people we serve.”

Tamar Goodale
Long Term Care Ombudsman Program Manager, JABA



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photo: Stu Scott

Sometimes being a drama queen is a good thing. According to a report in *The Gerontologist*, impacts of participating in groups like The Center's Encore Players include “decreased anxiety and loneliness, increased sense of value and purpose, and other emotional benefits including fun, happiness, and a sense a freeing of the imagination. Cognitive benefits include improvements in memory, word generation, and comprehension and problem solving.”

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Colin W. Stahlhut
Douglas L. Starns, D.D.S.
Brenda & Bill Steigman
Jan & Leonard Stoehr
Cheryl L. Andrews-Scott &
Thomas Stott
Barbara Stremikis
Barbara & Larry Stremikis

Mary S. Willetts
Kate & George Williams
Dr. Henry P. Williams III
Peggy & J. Page Williams
Sharon I. Woltz
Diane & Paul Wood
Helen & David J. Wood, Jr.
Elizabeth H. Woodard
Pamela Yursik
Douglas and Diana Zanzot
Elinor & Charles Zegelbone
Dr. Cecile Zinberg
Trish Zorn

Up to \$99

Anonymous Friends
Eleanor Abbot
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Edwina I. Addison
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Carolyn Allen
Amazon Smile Foundation
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Gregory Anderson
James R. Antetomaso
Charles L. Antrobus
Melba Atkinson Cook
Jean Baker
Barbershop Belles
Elsie M. Barnd
Elsa & Thomas E. Barnett
Ruth & Paul Barolsky
Helen & Robert Barsalou

THE SUSTAINERS CIRCLE recognizes individuals who sustain the Center’s work every day through their commitment to make monthly contributions.

Col. William E. Adams William A. Baker Betty L. Bollendorf Norma Chadwick Patricia C. Cook*	Elizabeth Crane Larry & Vicky Eicher Nancy L. Fischer Kirstin M. Fritz Leslie Geer	Glen Henderson Julie D. Horne Paul Jacob Beverley J. Jacobs Mac Lafferty	Jane Lawton Margaret & Bill Marley Bill McDermott Dorothy J. Monty	Marjorie C. Ratcliffe* Margaret Slez Mike Silverman Hedy R. Southard	Thomas Stott Peter M. Thompson Mildred & Robert Westbrook Sharon I. Woltz
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THE 1180 SOCIETY recognizes philanthropic leaders who make a significant impact on The Center by giving \$1,180 or more annually in unrestricted funds. (January 2018–June 2019)

Anonymous Friends Elizabeth Allen Allan Jeanmarie Badar & James Kauffman Priscilla & Ludy Benjamin Better Living Foundation Abbie Bishop Inez Duff Bishop Charitable Trust Rene Bond I.J. & Hilda M. Breeden Foundation Nan & Dan Brody Kakie Brooks & George Beller Dotty & Larry Brown Mary & Mark Brown Pamela Jean Burke Marjorie & Gordon Burris	Richard A. Carpenter Bevin & Vito Cetta Sally & Don Clark Conboy Duke Foundation Joseph and Robert Cornell Memorial Foundation Joy & Pete Cross Anna M. Day Foundation Janet & Jonathan Davis Barbara Deal Richard F. DeMong Mary Jane & Kenneth Derby Margaret & Mark Dryer Vicky & Larry Eicher Emmanuel Episcopal Church	Charlotte & Cliff Erickson Rosemary “Sam” Evans & Kenneth Shade Jean & Don Foss Dr. Alice C. Frei Pamela W. Gale Sally & Joe Gieck Audrey & Gus Goldsmith Jolene C. Green Connie Hallquist Hanckel-Citizens Insurance Corporation Marge Haugen Mr. & Mrs. Landon Hilliard Betty & Harold Hopkins Julie Horne	Nancy Hunt Phyllis D. Jackson Dr. James G. Kavanaugh, Jr. Roy W. Kennedy Mr. & Mrs. Donald A. King, Jr. Dr. Anne Logan & Mark Logan Judy & Bill Lynch Carrie & Andy Macfarlan Manning Family Foundation Jeanne M. McCusker Alice Meador Barbara A. Millar Terry Montgomery Ann & Carter Myers Lisa & Don Morin	John Nunley Caroline Nunley Satira & James Satira Ruth Parsons Peter G. Paulson Pfizer Foundation Peggy & Frank Quayle RAM Charitable Foundation Dorothy H. Richards The Rimora Foundation Carol & Rodney Rullman Glenn W. Rust Jocelyn & Bruce Saunders Clay Sisk St. Luke’s Episcopal Church Stillfield Fund I in the CACF	Virginia Tahboub Robert F. Taylor Peter M. Thompson Jane R. Tolleson Linda J. Verhagen Virginia National Bank Vivian Wade Dr. James C. Walker Watterson Foundation Carolyn & Joseph Warden Jane & Bob* Whitworth Alana & Kurt Woerpel Trula & John Wright
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FRANCES JEAN ROBEY LEGACY SOCIETY recognizes individuals who have included The Center in their estate plans, through their will or another planned giving method. The Center gratefully acknowledges the following donors’ commitment to ensuring that The Center can offer opportunities for healthy aging well into the future. (As of July 1, 2019)

Anonymous Friends Elizabeth Allen Allan Kimberlee Barrett-Johnson Carol Copeland Violet & Peter Crawford	Raymond E. East Vicky & Larry Eicher William L. Ema Rosemary “Sam” Evans & Kenneth Shade	Hi Ewald Sally & Joe Gieck Betty Gore Inge Hull	Thomas W. Hurlburt Phyllis D. Jackson Bruce Keith Jane M. Lynch Ronald A. Mohr*	Bill McDermott Jennie Sue Minor Deborah Norton Randy Rinehart	Daphne E. Teegarden Peter M. Thompson Charles E. Walker, Jr. Jane & Bob* Whitworth
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GIFTS IN KIND & DONATIONS TO YARD SALE include donations of goods or services that are used at The Center and for events like the annual Grand Gala, as well as contributions of goods to sell at volunteer-led yard sales to raise funds for The Center.

Anonymous Friends Kittie Abell Angelo Jewelry AskLandis Patricia Asuncion Rosemary Balister The Bavarian Chef Betsy Bean Nancy W. Bear Brenda Beazley Beck Cohen Joseph D. Bellacera Big Ray & The Kool Kats Bodo’s Bagels Betty Bollendorf Suzette Boyce Deloris F.S. Bradshaw Richard Brantley Brasserie Saison Diane & Dick Brownlee Judith Brownrigg Matthew Burke, Park Life Photography Bushman Dreyfus Architects PC Lawrence E. Cabell Krista Carter Dr. Bayard L. Catron & Alexis Halley Norma Chadwick Charlottesville Radio Group Kelly & Tad Coffin Commonwealth Restaurant & Skybar Crutchfield Jo Anne Currie Cville Escape Room The Daily Progress Patricia Daniele University of Virginia Darden School of Business Jeanette D. Davis Shobha Deshmukh-Gill Mair J. DeVoursney Alice DeWitt Les Disharoon Kathryn L. Dugger Jenny Edwards Eljo’s Michael G. & Judith B. Ely William Ema Marla D. England Rosemary “Sam” Evans & Kenneth Shade Mary & Sam Fisher Mary Ellen Spiegel & Mitchell S. Fishman Angela & John Flynn Food Lion of Charlottesville Patricia A. Ford Teresa Gable Judy Gardner Glorious Foods Catering John Grant Mel Haney Jean Harper E. Marie Hartless Barbara Hartless Greg Hayden	Douglas Heimark Patricia Henricks Karen A. Hinrichs Nancy Hoadley Raymond E. Hogan Shirleen F. Holden Rita Holt Michelle & Andrew Holzwarth Home Instead Senior Care Nancy Hunt Robyn Jackson Linda Jewell Anne N. Keith Dr. Gretchen L. Kelly Barbara Kittel Joanna & John Knoll Donna Kozyra The Kroger Company Barbara Krol Kathe Lamb Mary Leachtenauer Sharon & Thomas Leland Ardyce Lightner Maryann Lincoln Carol A. Little Rachel Lloyd Miller The Lodge at Old Trail Sheryl Longnecker Marcia J. MacNaughton Joshua Malone Betteanne & Frank Marcotte Marilyn Mars Lewis A. Martin III Dr. Jill McCollum Faith M. Minyard Terry Montgomery Dorothy Monty Sasha Monty Maureen E. Murphy Doris M. Murphy Julie Dawn Murphy NBC 29 Ann Nelson Neroli Spa & Apothecary Maggie Nguyen Harold Olinger Phyllis Novotny Steven Olivette Omni Charlottesville Hotel Anne Marie Pace The Paramount Theater Phyllis Payne Cathleen Phillips Quality Pie Carolyn Radar The Reserve at Belvedere Martha Roberts Sybil Robertson Barbara L. Rogers CarolAnn Rosenberg RoseWood Village Assisted Living & Memory Care Roy Wheeler Realty Bruce Saunders Elizabeth Scherz Jean M. Scanlan
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Judith & Kent Schlussel Joanne Scott Sentara Martha Jefferson Hospital Sherry Sinard Rae & Richard I. Skinner Mary Louise Spear Hawes C. Spencer Janet L. St Pierre Brenda Steigman Diane Stinson Marlene A. Stoner The Civility School LLC The Clifton The Eternal Attic The Green Olive Tree The Oratorio Society of Virginia The Virginia Shop Chris Thompson Trader Joe’s Patricia Travers Tucker Griffin Barnes Virginia Film Festival Virginia Foothills Virginia National Bank Sally A. Watson Whole Foods Market Linda Weaver Jane Whitworth Alana & Kurt Woerpel Patty Workman
--

WE HONOR AND REMEMBER In Fiscal Year 2019 (April 1, 2018–March 31, 2019), The Center was honored to receive the following tribute gifts celebrating friends, family, and Center connections.

GIFTS IN HONOR OF ... AARP Tax Preparers by: Jessie Branciforte Ramonde Gardner Liz & Tom Allan by: James & Chere Tew The First and Second Wind Bands and the Flashbacks by: Aldersgate UMC Senior Group Joyce Creber Earlysville VFW Post 2044 Bruce MacCall Shirley Bloom by: Janice C. Creasy Dick & Diane Brownlee by: Gina & Greg Yoder Marylee Bullock by: Susan & Michael Sheffield Center Staff and Board by: Betsy Bean Barbara Millar Al Falcone* by: Cherie Scherzinger Jan & John Stalfort Margaret Fitch by: Jane Lawton The Flashbacks by: Friends of the Jefferson-Madison Regional Library Greene Hills Golf & Swim Club

Martha S. Fruehauf by: John Lanham Joe Gieck by: George & Linda Davies Dr. John L. Lanham Glorious Foods Catering by: Alice Meador The Grand Gala Committee by: Jane Whitworth Linda Hahn by: Linda L. Cardella	Robyn Jackson by: Bill & Katya Spicuzza JoAnn Pearson by: Zohra Siddiqui Clay Sisk by: Margie Adamson Roy & Teresa Angles Beverly Almond Mary Barbabei Susan Bremer Lucy Burnette The Center Apple/Mac Users Group
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Jim Craig Sally Pecora Dunn Vicky Eicher Linda Fanning Jim Fergus William Florence, Jr. Maxine Lorence Gretchen McKee Yates Nobles Carolyn Radar Martha Roberts Susan Roberts
--

*Deceased



The data connecting travel and healthy aging is powerful—travel offers a full itinerary of physical, cognitive, and social benefits. And group travel with The Center means someone else makes the arrangements and handles anything that might go awry!



photo: Stu Scott

Love singing? Members of the Still Sharp Singers and the Barbershop Belles and Beaux sure do, and good for them! Ongoing research shows that singing can improve brain health, increase immunity, and boost mood.

Joyce Root
Richard Self
Martha Sikes
William Taylor
Bobbie Thompson
Team Turrentine
Doug Webbink

Peter Thompson
by: Leigh Middleditch
Kelly A. Thompson
Merle Thompson
University Village
Owners Assoc.

The Travel Office
by: Betsy Bean

GIFTS IN MEMORY OF ...
Mabel Berger
by: John Berger
Leonard Bloom
by: Janice C. Creasy
Shirley Bloom
by: Betsy Bean
Betty Bollendorf

Pat C. Cook
by: Caryl A. Mueser
Martha Cragun
by: Dwight Cragun

William Currier
by: Jay Gammon
Peter Thompson

Richard David
by: Mike Silverman

Linda DeMong
by: Richard DeMong

K. N. Doraswamy
by: Saras Sarasvathy

Gabriel Esquivel
by: Margie Adamson
Mary Barnabei
Jim Brinkerhoff
Karla Berger
Carol Cutler
Jim Craig
Joe Hanlon
Maxine Lorence
Thomas McCormick
Carolyn Rader
Martha Roberts
Susan Roberts
Richard Self
Martha Sikes
Clay Sisk
Gordon Stewart
Bobbie Thompson
Marge Woolheater

Al Falcone:
by: Margie Adamson
Elizabeth Allan
Joyce P. Atwood
Jean Baker
Betsy Bean
Betty Blackburn
Betty Bollendorf
Alice Brady
Larry & Dotty Brown
Linda Cardella
Norma Chadwick
Sallie Duehring
Jean Fording
Shirley French
Judith Gardner
Margaret Haugen
Roberta M. Hysell
Jennifer L. King
Tracy Meade
Lorna Derry Miller
Fred Mulholland
Sam & Elaine Muntner
Linda Perriello
Wayne & Belinda Pullen
Juanita M. Purvis
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Cherie R. Scherzinger
Zohra Siddiqui

Martha E. Sinden
Sherry Sinard
John & Jan Stalfort
Edward & Louise Tayloe
Peter M. Thompson
Mildred & Robert Westbrook
Dan Yancey

Nancy Falls
by: Roberta Hysell

Gerald Farrell
by: Anne Farrell

Ralph L. Feil
by: Anonymous Friends
Dick & Mary Louise Abidin
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Jennifer Shirkey
Hunter Smith
Diana Strickler
Judith Taibl
Andrew Taibl
Dickie & Louise Tayloe
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Mr. & Mrs. Jay Tracy
Ron & Lynda Tweel
Vivian Wade
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Williams Mullen Law Firm
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Margaret Wood
Arleen Yobs
Chuck & Elinor Zegelbone

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by: Shirley French

Lloyd & Ora Geer
by: Leslie Geer

Max Gentry
by: Betsy Bean
Sandra Cohen
Marge Haugen
Peter Thompson
JJ Towler
Mildred & Robert Westbrook

Britt Gore
by: Chris Gore

Maude Greef
by: Jean Baker
Phyllis Jackson

Joanne, Nelson & Andy Hall
by: Kendra Hall

Al Highsmith
by: Bruce Garretson
Caryl A. Mueser
Peter M. Thompson

Bill Hodson
by: Gary Hall
Roberta Hysell
Nancy Rodgers
Bruce W. Saunders
Ann R. Toms
Suzanne Velazquez
Chuck & Geri Wilt

Maude Grim
by: Margaret Haugen

Russell Hildebrand
by: Suzanne Hildebrand

Raymond Jackson
by: Betty Bollendorf
By: Sherry Sinard

James Kelly
by: Aileen Kelly

Mary Henley Long
by: Mary S. Willetts

Phillip Lawrence
by: Margaret Haugen

David Lewis
by: Joyce Lewis

Margaret Mahoney
by: Mary Louise Spear

Doris Mays
by: Betsy Bean
Paul Mays, Jr.
Caryl Mueser

Anne & Jon Megibow
by: Melba Atkinson Cook

Ron Mohr
by: Jean Baker
Betsy Bean
Linda L. Cardella
The Center Golf Group
Wallace & Marilyn Downs
Roberta Hysell
Martha E. Sinden
Peter M. Thompson

Debbie Naylor
by: Susan & Michael Sheffield

Mary Anna & Edwin Rushia
by: Judith Rushia

Jim Root
by: Norma Chadwick
Jennifer & Bobby Crews
Harold Olinger
Judy Gardner

John Putalik
by: Wallace & Marilyn Downs
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Glenn R. Short
by: Bruce W. Saunders

Elizabeth Seabrook
by: Teresa & Michael Seabrook

Betty Smallwood
by: Jeanette Ern
Larry & Betty Goss
Jane Kerewich
Sarah Marshall
Lorna Derry Miller
Scott Milstead
Ruth Parsons
Wayne Pullen
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Tony Spellman
by: Diane & Charles Hughes
Mary & Richard Lane
Peggy & Edward Lay
Sandra C. Russell

Ruth Tavormina
by: Betsy Bean
Susan M. Pohedra

Marie Thacker
by: Betsy Bean
Betty Bollendorf
Alice Brady
The Center Ladies' Poker Group
Peter M. Thompson
Jean L. Zoumbaris

Brooks Thorn
by: Art Thorn

Ann R. Waldner
by: Wendy Waldner Flynn

Peter Way
by: Wallace Downs

Bob & Betty Wessel
by: Wendy W. Lester

Doreen K. Wills
by: Betty E. Coyner

Bev Whitlock
by: Edwina Addison
The Center Golf Group
Ruth Parsons
Cherie R. Scherzinger

THE CENTER AT BELVEDERE – HERE WE GROW!

The fundraising campaign for our new home for healthy aging, The Center at Belvedere, reached 85% of our \$24 million fundraising goal in FY2019! We are proud of our progress and grateful to the many community members—individuals, businesses, foundations, and local governments (the City of Charlottesville and Albemarle County)—who made financial commitments to make the new Center possible.

These generous gifts, combined with the sale of our Hillsdale Road property and some limited long-term financing, brought our campaign total to \$20.7 million in FY2019. While this is great achievement, we need to raise the final \$3.3 million in philanthropic gifts to complete our building campaign. And with The Center at Belvedere under construction and scheduled to open in spring of 2020, time is of the essence to secure these funds.

A few highlights from FY2019:

- Finalized construction and limited long-term financing with Carter Bank
- In November 2018, community leaders and Center Board, staff, and members participated in the official groundbreaking for The Center at Belvedere
- Construction began on The Center at Belvedere in December 2018
- In collaboration with aligned members of the Albemarle county community, Center staff met with representatives of VDOT and Albemarle officials to discuss how the county and VDOT will manage future traffic patterns on East Rio Road
- Sentara Family Medicine signs a lease on space at The Center at Belvedere to open a new family medicine practice



photo: Jack Looney



Capital Campaign for The Center at Belvedere

Includes gifts and pledges in support of our vision for the future of healthy aging in the Charlottesville region. (As of July 1, 2019)

\$2,000,000 and Above

Albemarle County
Hunter J. Smith

\$1,000,000–\$1,999,999

Anonymous Friends
City of Charlottesville

\$500,000–\$999,999

Genan Foundation
Sally & Joe Gieck

\$250,000–\$499,999
20th Century Merchants Fund of CACF
Millie & Rip Cathcart
Perry Foundation, Inc.
Mary Beth Smyth
Woodson Charitable Trust

\$100,000–\$249,999

Anonymous Friends
Nan & Dan Brody
Estate of Alice Auciello
Estate of Mrs. Janie Caldwell
Charlottesville Parking Center, Inc.
Lynne D. Conboy
Phydele “Toni” Ehrlich*
Estate of Martha B. Lowrance
Laurie Lowrance
Rimora Foundation
Gineane & Sean Stalfort
Chris & Greg Menke
Julia & Richard Nunley
Estate of Margaret Turner
Estate of Lorraine Wallenborn
Phil Wendel
Estate of Thomas F. Wingfield

\$50,000–\$99,999

Anonymous Friends
Willis F. Abbey*
Elizabeth A. Allan
Patricia & James* Berry
Katherine S. Brooks & George A. Beller
The Charles Fund
Hi Ewald
Barbara Fried
Heiner Family Fund
Huffman Family Fund of CACF
Alice P. Meador
Barbara A. Millar & Peter M. Thompson
Edith H. Parker
The Stalfort Family
Betty* & David Whitcomb

“The Center has delivered critical services for our area’s senior population for nearly six decades—lifelong learning, wellness, arts and culture programs, opportunities for recreation and socializing. Albemarle County is proud to support The Center at Belvedere project to create opportunities for the next 60 years—and beyond—for our community.”

—Ned Galloway, Albemarle County Board of Supervisors

\$25,000–\$49,999

Anonymous Friends
Better Living Foundation
Bio-Cat, Inc.
Rene Bond
Maxine & Henry Burton
Anna M. Day Foundation
Jolene C. Green
Margaret & Andrew Hart
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Sandra Palumbo
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Tiger Fuel Company
Jane R. “Kitchie” Tolleson

Carolyn & Joseph Warden
Wells Fargo
Ceil & Kenneth M. Wheeler
The Estate of Jon Beverly Whitlock
Robert Bell Williamson

\$10,000–\$24,999

Anonymous Friends
Jeanmarie Badar & James M. Kauffman
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Melanie Benjamin & Brian Geiger
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Virginia National Bank
Jane & Bob Whitworth
Woodard Properties

\$5,000–\$9,999

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David Bowerman
Robert D. Brugh*
Barbara Cannon
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Lena & Gene Corrigan
Linda* & Richard DeMong
Pam Dolgin & Robert Rushia
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Christine Fleckles & Edwin Linn Rushia
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Mary Lynn Fowler
Gwathmey Memorial Trust
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Lila & James Marshall
Page & Walt Megonigal
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Randolph R. Rinehart
Robinson, Farmer, Cox Associates
Ann & Dennis Rooker
Judith Rushia
Louise & Edward Tayloe
Ann & Chris Von Frieling
Lucy & Ken Wallenborn
Watterson Foundation
Carol & Jack Weber Fund at CACF

Wednesday Music Club
Alana & Kurt Woerpel

\$1,000–\$4,999

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Kay & Ed Ansell
Elizabeth H. Bean
Margaret C. & Edward J. Bidwell
Bocock/Hitz Fund at the CACF
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Crafty Ladies of the Senior Center
Craig Builders
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JoAnne & Bill Speiden
St. Luke’s Episcopal Church
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Daphne E. Teegarden
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Susan Tice & Charles A. Grossmann
Linda & Ted* Verhagen
Vivian Wade
James C. Walker
The Whitley Family Fund
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Gina & Gregory Yoder

Jeanne & Phil Chase
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Culbertson Foundation
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Doris Dowell
Sallie I. Duehring
Ernest Dukes
Linda Hankins Dukes
Ann Dunn
Georgia Elder
Howard Ellis
Lisa Eorio & Cliff Maxwell
Christine & Brad Eure
Barbara & Richard Fontaine
Patricia A. Ford
Jean & Ed Fording
June Carter Foster
Jesse Gammon
Judith Gardner
Joyce Garver
Janet Gassman
Carolyn German
Janice & Ernest Gheen
Patricia Goodloe & Arthur L. Arico
Ann Grey
Nancy Grim
Sue Grondin
Dottie & Michael Guthrie
Gary Hall
Marge Haugen
Dana & Bill Henderson
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Sheila Hazen
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Jeanne Hoerr
Mr. & Mrs. Richard Hiss
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Arthur Louis Kreiner
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Clare & William Leach
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Maryann & Thomas Lincoln
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Joan & Carleton Luck
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Marilyn Lutz
Linda Mancini
Nancy & Arthur Markos
Lillian P. Marsden
Brian McEwen
Mary Ellen McLernon
Shirley & Saunders Midyette
Lorna Derry Miller
Helen & Henry Minich
Faith Minyard
Judy M. Mitchell
Caryl A. Mueser
Fred Mulholland
Elaine & Sam Munter

Up to \$999

Anonymous Friends
AARP Chapter 192
Abidin Family Fund of CACF
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Carol D. Aldridge
Grace & Frank Alexander
Janis Arave
Sandra E. Awad
Jean Baker
Mary A. Barnabei
James Barns, Jr.
Ruthe Battestin
Barbara & Clark Baumbusch
Elizabeth Davies Beasley
Dolores Bedell
Carnice Lee Berti
Joanne & William Bickley
Betty J. Blackburn
Donna Boetger
Lula B. Bolden
Betty L. Bollendorf
Alice Brady
Elise K. Brigham
Linda M. Broadbent
Suzanne J. Brooks
Ayse Kudat Brown
Lois A. Brown
W. Grant Brownrigg
Mary V. Bryant
Eleanor Busa
Pamela Jean Burke
Barbara Cage
Gerry & David Callaghan
Joan Canevari
Linda & Frank* Cardella
Betty Caution
Janet & Luciano Centini
Norma & Dale* Chadwick



Jon O. Nafziger
Ruth Nagy
Sarah & Kenneth Neathery
Dan & Elizabeth Nissen
Joyce M. Nunge
Richard Oliver
Cynthia & Ronald Pack
Carolyn & David Pettit
Rebecca Pence
Morgan Peyton
Elizabeth & William Phillips
Belinda & Wayne Pullen
Juanita M. Purvis
Susan & Jim Quisenberry
Carolyn Rader
Sara D. Rafferty
Kathleen & Wayne Riddle
Susan W. Roberts
JoAnn & J. Milo Robinson
Nancy Rodgers
Mary Anna Rushia*
Sandra C. Russell
Arleen Ryback
William Satterthwaite
Cherie Scherzinger

“The impact of loneliness and isolation on lifespan is the same as smoking 15 cigarettes a day. That’s why *intentionally, well-designed places that engage all ages* from 8 to 80 and promote active living connected to other people and nature are in demand. That’s also why the Charlottesville City Council supports The Center at Belvedere; *it’s built for health and longevity.*”

—Kathleen M. Galvin, Architect AIA, Charlottesville City Councilor

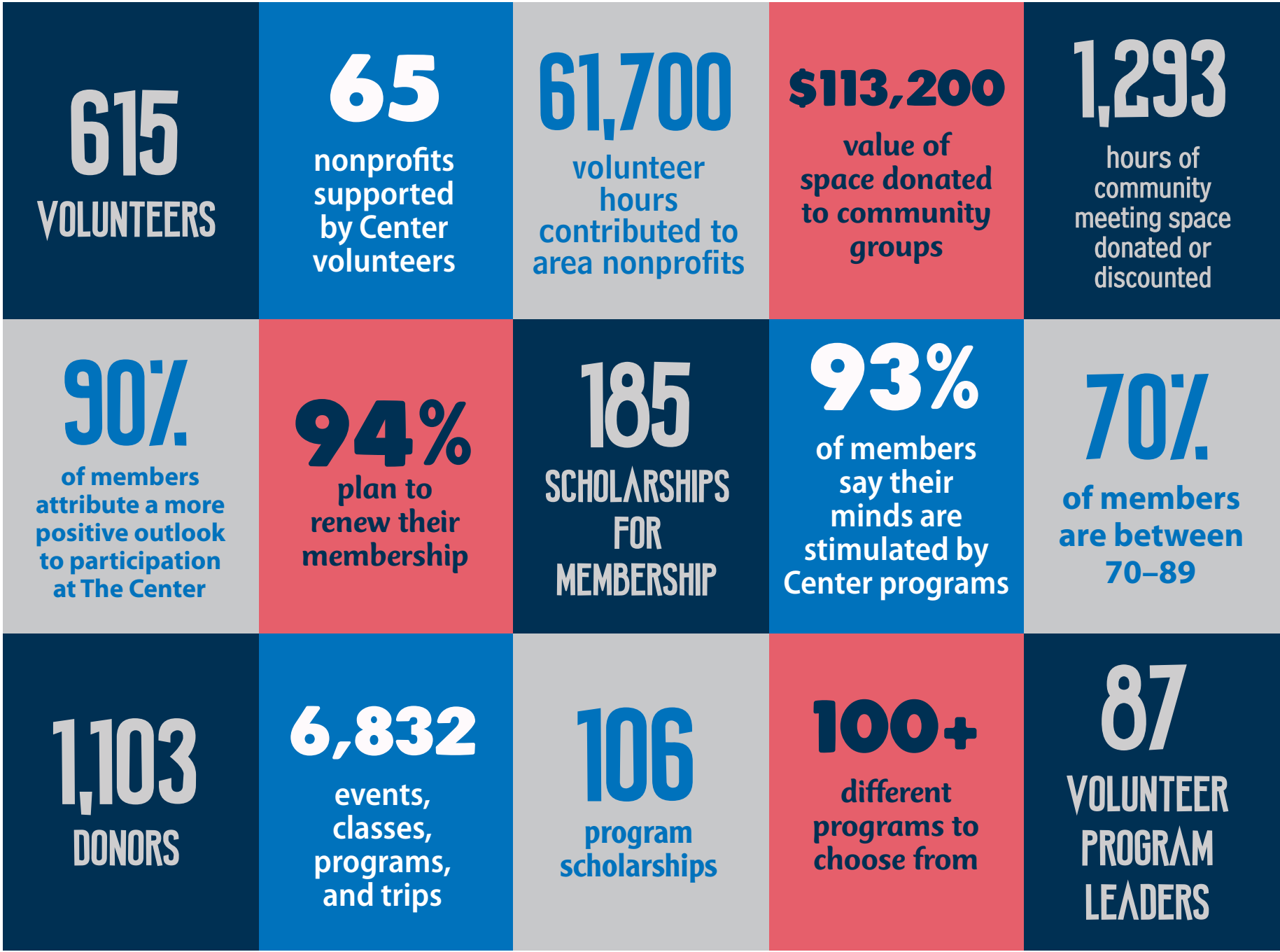
Allison & Tom Schildwachter
Dawn Schultz
Karin Scott
Diana M. Seay
Kathy & Dave Segars
Senior Center Party Bridge Group
Senior Statesmen of Virginia
Susan & Michael Sheffield
Mr. & Mrs. Henry Shelton
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Karin Shikar
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Mary Sihler
Martha Lee Sikes
Allison & John Sleeman
Sherry Sinard
Martha E. Sinden
Sheila & Lloyd Snook
Charles H. Smith, Jr.
Sandra Smith
Julie & Phil Sparks
Patricia & David Speakman
Chuck St. Clair
Mary Kate Stockner St. Clair
Brenda & Bill Steigman
Jan & Leonard Stoehr
Ruth Stone
Joni Stroud
Christine Sweeters
Betsy & Jay Swett
Christine & Jerome Thalwitz
Cecil Thompson, Jr.
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Elizabeth Woodard
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Worrell Collection
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Gifts In Kind
Kittie Abell
Barb Wired LLC
Katherine “Kakie” Brooks & George Beller
Diane & Dick Brownlee
Bushman Dreyfus Architects, LLC
Melba & Brian Campbell
Christine & Brad Eure
Claire Gargalli
Constance Hallquist & Brian Cowan
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King Family Vineyards
Joe Krenn
The Lodge at Old Trail
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Betty Lou Middleditch
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The Reserve at Belvedere
Rae & Rick Skinner
Julie & Phil Sparks
Drew Holzwarth & Stanley Martin Homes
Jane R. “Kitchie” Tolleson
Virginia National Bank
Virginia Tent Rental
White Hall Vineyards
Alana & Kurt Woerpel
Anne Worrell & The Worrell Collection

If you find any errors in these acknowledgments, please contact Philanthropy Coordinator Emily Evans at emily@thecenterville.org or 434.974.7756 so that we can make the correction in our files.

FY19 BY THE NUMBERS



Connecting, Challenging, and Contributing: Measuring Outcomes that Matter

Philanthropy provides more than 60% of funds needed to run The Center. Your contributions provide meaningful programs with outcomes that matter—real change in people’s lives.

Those who take part say that as a result of participating ...

in a primarily PHYSICAL program

- 100% have more energy
- 100% feel more mentally alert
- 100% are happier
- 100% feel their balance is better
- 100% have fun
- 100% have made new friends

in a primarily INTELLECTUAL program

- 100% have fun
- 95% have learned something new
- 93% feel a sense of accomplishment
- 90% have made new friends
- 84% feel more mentally alert

in a primarily SOCIAL program

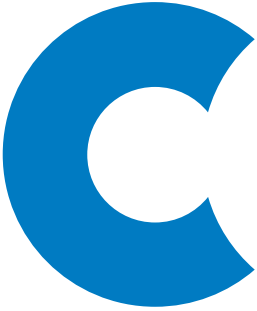
- 100% have fun
- 97% have made new friends
- 97% are happier
- 95% met people with whom they can discuss personal experiences
- 95% feel more socially connected

in a primarily EMOTIONAL program

- 90% have made new friends
- 90% have a more positive outlook on life
- 87% have met someone with whom they can discuss personal experiences
- 87% are better able to express themselves

in a primarily VOCATIONAL program

- 100% feel a sense of accomplishment
- 100% have made new friends
- 100% feel they are contributing to the community
- 100% are happier
- 100% have fun
- 95% learned something new



THE
CENTER

Discover the Power of Healthy Aging

FY19 Center Staff

- Kittie Abell • Campaign Director
- LaMarké Chapman • Custodian/Event Facilitator
- Jennifer Ayers Crews • Program Director
- Emily Evans • Philanthropy Coordinator
- Margaret Fitch • Program Coordinator
- Kirstin Fritz • Philanthropy Director
- Judy Gardner • Member & Guest Relations Coordinator
- Linda Hahn • Travel Coordinator
- Bridget Harrison • Marketing Assistant
- Kimberly Haynes/Bobbi Hughes • Coordinator of Volunteer Resources
- Scott Hilles • Finance & Operations Director
- Lani Hoza • Program Coordinator
- Zach Mayer • Facilities Coordinator
- Virginia Peale • Marketing & Communications Director
- Deborah Poage • Administrative Assistant
- Peter Thompson • Executive Director

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