	30 300			LIST No.	Elevation		
Date		Leader	Map#	Hike Name	Gain	Difficulty	Comments
Jan-3	M	Anne	10	Old rag up the back side (no scramble)	1755 ft	5.8 moderate	
Jan-5	W	Anne	12	From rockfish gap to paul wolfe shelter	1627 ft	10 miles- moderate	
Jan-10	M	Pete	12	Albright Loop & AT to Wolfe Shelter and back from Humpback Rocks Parking	1,250	6.2 miles	
Jan-12	W	Jocelyn		Rapidan Camp/Laurel Prong Trail/AT	1,366	8 miles - moderate	Loop
Jan-17	M	Maynard	13	AT from Hog Camp Gap to Cole Mtn; Old Hotel Trail	2,024	6.48 mi; moderately strenuous	Loop
Jan-19	W	Terry	10	South River Fire Road/Pocosin Trail/AT S	1,500	8 miles, moderately strenous	
Jan-24	М	Anne		Jones run, Doyle's River with browns fire road	1300 ft	7 miles moderate	
Jan-26	W	Jocelyn		Jewell Hollow Overlook to The Pinnacle	1,400	7.6 miles - moderate	Loop
Jan-31	M	Terry	11	Brown Mountain	1,700	6 miles, moderately strenuous	
Feb-2	W	Jocelyn		Graves Mill Trail to Bear Church Rocks	2,210	8.5 - moderately strenuous	
Feb-7	M	Maynard	10	Thornton Gap to Mary's Rock and Byrds Nest 3	2,185	6.84 mi; moderately strenuous	Retrace
Feb-9	W	Anne	10	White oak canyon to limberlost and back	2,000	9 miles	
Feb-14	M	Maynard	10	AT from Swift Run Gap to Saddleback Mtn Trail; AT	1,417	6.69 mi; moderately strenuous	Counter-clockwise lollipop
Feb-16	W	Pete	12	AT south from RFG to Humpback Rocks Visitor Center	1,700	8.3 miles, moderately strenuous	6 mile shuttle
Feb-21	M	Jocelyn		Reed's Gap to Hanging Rock	1,801	7.3 miles - moderate	Retrace
Feb-23	W	Pete	11	AT south from Blackrock Gap, Riprap to Calvary Rocks & back	1,750	7.5 miles, moderately strenous	
Feb-28	М	Terry	12	White Rock Gap Trail	740	moderate	
Mar-2	W	Anne	12	From three ridges overlook AT to dripping rock		Moderately strenuous 10 miles	rocky but not a lot of elevation
Mar-7	М	Anne	10	Hoover camp	1320 ft	Moderate-7.6 miles	From Mllam Gap
Mar-9	W	Maynard		Bald Ridge Trail from Braley Pond to the Peak	1,460	7.85 miles; moderately strenuous	retrace
Mar-14	М	Jocelyn		Crabtree Meadows to Spy Rock	1,128	7.5 miles - moderate	Retrace
Mar-16	W	Terry	11	Furnace Mountain from Grottoes	1,900	6.7 miles, moderately strenuous	
Mar-21	М	Pete	11	AT north from McCormack Gap to Calf Mtn summit & back	1,500	6.5 miles, moderately strenuous	
Mar-23	W	Maynard	11	Lewis Peak from Brown's Gap	1,854	9.4 miles; moderately strenuous	Brown's Gap at MP83
Mar-28	М	Terry		Biscuit Run	600	6.5 miles, moderate	
Mar-30	W	Anne	12	White rocks falls, slacks, white gap trail, down and back	1,542	9.7 miles moderately strenuous	