

2022 Third Quarter Hiking Schedule

Date	M or W	Leader	Hike Description	Elevation Gain	Mileage/Difficulty	Comments
Jul-4	M	Anne	Mau Har from Love gap	1460 ft.	7 miles	
Jul-6	W	Anne	Bear church rock from graves mill	2000 ft	8.8 or so, mod. Strenuous	will go past view to awesome rocks.
Jul-11	M	Maynard	Mt. Pleasant loop (CW) from Hog Camp Gap	1,372 ft	6.19 mi; moderately strenuous	Henry Lanum trailhead
Jul-13	W	Anne	Redo of rip rap hollow, wildcat ridge loop	2365 ft	9.8 miles strenuous	Will do whole loop this time
Jul-18	M	Steve	Jeremys Run from Elkwallow picnic area	1700 ft	Go 4 miles out and then back: 8 miles moderately strenuous	lots of stream crossings, could be wet or dry
Jul-20	W	Jocelyn	Entry Run	1,800	6.5 moderate/strenuous	
Jul-25	M	Pete	Albright Loop to Paul Wolfe Shelter from Humpback Rocks Pkg.	1,500	6.5 Moderate	
Jul-27	W	Maynard	Milam Gap to Bearfence Mountain	1,800	9.4 miles - moderately strenuous	
Aug-1	M	Anne	AT and saddleback trail from Swift run gap and swimming at Terry's		6 miles	
Aug-3	W	Anne	AT south from Long mountain wayside to lynchburg reservoir	1483 ft	10 miles, moderate	Out and back
Aug-8	M	Jocelyn	White Rock Falls	896	4.3 miles Moderate	
Aug-10	W	Steve	Thornton River trl, AT, Hull School trl loop	1,600	7.3 miles moderate	Old homesteads, Model A remains
Aug-15	M	Maynard	Thornton Gap to Mary's Rock and Byrds Nest 3	2,185	6.84 mi; moderately strenuous	Retrace
Aug-17	W	Anne	Double loop from fishers fap- rose river and dark hollow	1600 ft	8 miles, moderately strenuous	Double loop
Aug-22	M	Steve	St. Mary's Trail and Waterfall	300 ft	6 miles total up to falls and back	water level depends if wet or dry
Aug-24	W	Jocelyn	Reed's Gap to Hanging Rock	1,800	8.8 miles: moderately strenuous	
Aug-29	M	Pete	AT north to Humpback Rocks and return	1500 ft	6.5 Miles Moderately Strenuous	
Aug-31	W	Terry	White Rock Gap trail, upper Sherando lake	750	6.2 Miles, moderate	
Sep-5	M	Terry	Whetstone Ridge	950	6.5 miles	
Sep-7	W	Maynard	Doyles River - Jones Run from Browns Gap	2,060	8.1 miles; Moderately strenuous	Clockwise loop
Sep-12	M	Terry	AT N, Lewis Falls loop	1,000	6.25 miles, moderate	from Milam Gap, mp 52.8
Sep-14	W	Pete	AT, Turk Branch, So. Br. Moormans Fire road Loop	1,800	8 Miles Strenuous	From Sawmill Run Overlook
Sep-19	M	Maynard	Bald Ridge Trail from Braley Pond to the Peak	1,460	7.85 miles; moderately strenuous	retrace
Sep-21	W	Steve	Spy Rock from Meadows Lane	1,600	6.3 miles, moderate	
Sep-26	M	Jocelyn	North Mountain/Pete's Cave	1,154	7 miles Moderate	
Sep-28	W	Anne	Robertson mountain from Weakley hollow	2130 ft	7 miles- strenuous	loop