

ANNUAL REPORT



ADVANCING HEALTHY AGING FOR ALL

After a year in which the opening of The Center at Belvedere was postponed, operating hours were cut, and programs moved online, the start of fiscal year 2022 felt like a new beginning. Thanks to the rapid development and deployment of highly effective COVID-19 vaccines, restrictions on gatherings eased, and more and more people found their way to The Center at Belvedere to discover—or rediscover—a resource for healthy aging and a hub for community interaction.

Working with stakeholders from across the community, we launched two initiatives aimed at maximizing our impact on community health: a new strategic plan and a racial equity action plan. Everything you read below and in the accompanying member and volunteer vignettes speaks to the different ways we are working to ensure that every senior in our community has access to the most effective and achievable means for improving their health and well-being.

2022-2025 STRATEGIC PLAN

At its core, the Strategic Plan focuses on a progression of programming and practices to bring healthy aging opportunities to every older adult in our area. Guided by this plan, we will work to increase understanding of aging issues and promote changes in attitudes, policies, and actions; to provide increased value through collaboration, exploration, advocacy, access, outreach, and partnerships; and to strengthen the organizational, financial, and technological resources needed to achieve these outcomes. Click here to read the plan.

RACIAL EQUITY ACTION PLAN

The vision we hold for our community—to understand and embrace the power of healthy aging to positively transform all lives—can never be fully realized without the forever work of ensuring people from all walks of life have a place to connect, challenge, and contribute. With goals embedded in the Strategic Plan, our Racial Equity Action Plan will integrate diversity, equity, and inclusion into The Center's core mission of healthy aging; effect a greater sense of belonging and inclusion among all members of The Center community; increase ownership of and commitment to DEI efforts by members, staff, Board, and volunteers; increase the diversity of participants; and enhance accountability, effectiveness, and collaboration. Click here to read the plan.

HEALTHY AGING IS A COMMUNITY ENDEAVOR

Philanthropic gifts provide more than 60% of funds needed to run The Center. We gratefully acknowledge the support of every individual, foundation, corporation, and organization whose gifts make a difference in the lives of area seniors.

We are also indebted to everyone who shares their time and skills to improve life in our community. The Center would not exist without volunteers.

A list of the generous volunteers and donors who supported healthy aging in our community during FY 22 (April 1, 2021—March 31, 2022) begins on page 13.

THANK YOU!

BY THE NUMBERS

969
MADE A GIFT
TO SUPPORT
HEALTHY
AGING

THIS YEAR THE CENTER OFFERED

6,715

CLASSES, EVENTS, PROGRAMS, AND TRIPS

283 VOLUNTEERS \$75,000

WORTH OF COMMUNITY SPACE DONATED OR DISCOUNTED

CENTER VOLUNTEERS
CONTRIBUTED

24,707

HOURS TO AREA NONPROFITS

\$38,842

MEMBER SCHOLARSHIPS 77
VOLUNTEER
PROGRAM LEADERS

23

NONPROFITS
SUPPORTED BY CENTER
VOLUNTEERS

IMPACT

The Center's mission is to positively impact our community by creating opportunities for healthy aging through social engagement, physical well-being, civic involvement, creativity, and lifelong learning.

Research proves that people who participate in programs like those at The Center incur lower health care costs, have a more positive outlook on life, and give back to the community as volunteers.

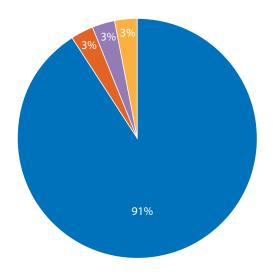
FY22 Survey respondents who Agree or Strongly Agree that Center programs accomplish core objectives

Mor	e Positive Outlo	ook			94%
Feel	Better Physica	lly			88%
Volu	ınteering Gives	Meaning		3	35%
Help	os Maintain Ind	ependence		3	35%
Bett	er Sense of Cor	mmunity			88%
Feel	Less Isolated				89%
0	20	40	60	80	100



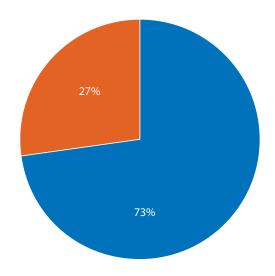
FY22 FINANCIAL DATA

The Center receives no regular funding from local, state, or federal governments and is sustained financially through diverse revenue streams from both philanthropy and earned income.



ASSETS

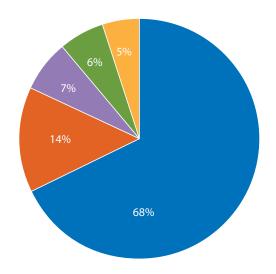
Total Assets	\$22,609,673
• Seabrook & Feil Endowments	689,244
Other	706,980
Cash & Cash Equivalents	647,400
• Land & Facility	\$20,566,049



LIABILITIES & EQUITY

Equity	\$16,421,511
Liabilities	6,188,162

Total Liabilities & Equity \$22,609,673



REVENUE

Total Revenue	\$2,037,121
• Other*	110,678
Programs & Travel	114,969
Rentals & Leases	142,654
Membership Dues	293,354
 Contributions 	\$1,375,466

8%

EXPENSES

Total Expenses**	\$2.564.689
Management & General	209,451
Fundraising	311,579
Supporting Services	
Healthy Aging Program Services	\$2,043,660



PERMANENT ART EXHIBIT

The Center is pleased to have acquired *The African Violin*, a painting by Charlottesville native Frank Walker. This work is part of a collection that will focus on local artists and represent the diversity of the visual arts and of the Albemarle-Charlottesville area relating to our demographics, cultures, geography, and history. We are grateful to Center friend and local artist Linda Verhagen for underwriting the purchase of *The African Violin*, the first piece in our permanent art collection.



THE RALPH FEIL ENDOWED SCHOLARSHIP FUND

Ensuring that every older adult has the opportunity to live more years in good health is fundamental to The Center's mission and values. It's why we provide scholarships to anyone who requests assistance to pay for Center memberships. In FY22, scholarship requests exceeded \$38,000. Support for scholarships comes from individuals, foundations, churches, and corporations. When scholarship requests exceed donated funds, The Center redirects money from operations to ensure all needs are met.

In FY22, The Center was able to provide 25 scholarships using funds drawn from a new source of support—an endowed scholarship fund named to honor the legacy of community leader and Center friend Ralph Feil. Friends, family, and community members contrib-

uted more than \$100,000 to create this fund. Because The Center plans to withdraw only the accrued interest each year while leaving the original principal intact, The Feil Fund will be available to support

the healthy aging and wellness goal of area seniors for years to

come.

"That is why the Feil Fund is such a game changer for The Center," says executive director Peter Thompson. "Endowments like this provide predictable income, which can be directly applied to support scholarship requests, year after year."

"... a game changer for The Center"

PROGRAMMING HIGHLIGHTS

The Center has long been recognized for the breadth and depth of its programming. Anticipating and responding to emerging needs and diverse interests is possible thanks to generous support from individuals, foundations, and corporate partners. Dozens of new programs in FY22 offered community members fresh ways to pursue physical, intellectual, social, emotional, spiritual, vocational, and environmental wellness.

In July, The Center was able to add evening hours on Tuesdays and Thursdays, a long-anticipated step for expanding access to healthy aging resources and amenities. Many evening programs are free and open to everyone, and the additional hours have increased our capacity for partner programs like the African American Authors Book Club and the Charlottesville Camera Club.

New fitness classes focused on core, cardio, balance, and strength. There were even more afternoons and evenings of live music. Presentations and performances brought history to life. And instructors and guest speakers addressed an incredible array of subjects throughout the year. Topics ranged from local (History and Stories of the Original Communities of Free State, Belvedere, and

Dunlora) to international (Global Flashpoints: The Korean Peninsula). From timeless (Archaeology, Myths, and Customs of Rome) to timely (Global Viral Pandemics: We Should be Better Prepared for the Next One"). And from community planning (Rio Corridor Plan Community Pop-up) to retirement planning (Plan for a Financially Secure Retirement).

With the fourth edition of The Center's popular "Building a More Diverse Community" speaker series, the focus turned to Native Peoples of America and their cultures—past, present, and future. Special programs and exhibits for Native American Heritage Month, Black History Month, Women's History Month, and Pride Month fostered a more in-depth understanding of ourselves, others, and the world around us.



CHARMAINE CROWELL-WHITE

Charmaine Crowell-White is a storyteller first.

Her work and life's passion as a Living History Interpreter brought her to The Center in 2021 and she calls it "an absolute positive savior in my life."

After 25 years teaching Theater Arts in public schools and a slate of theater, film, and television credits, Charmaine retired and found living history to be "such a fine companion" to her lifelong interest in acting.

She traveled to schools, colleges, museums, libraries, and churches to present the lives of women such as Harriet Tubman, Sojourner Truth, Suky (personal servant to Dolly Madison), and Maggie Walker, among others. "I'm just a vessel... [to] run all these amazing women through me," she says.

A friend encouraged her to bring a living history program to The Center and the result was an unexpected turning point.

Although Charmaine was born and raised in Charlottesville, she had spent 40 years away, only returning to care for her aging mother. "I came back to this new Charlottesville [and] I was a bit lost," she says, noting connections left behind in Richmond and a new home in Keswick that was beautiful but quiet and removed.

When she first arrived at The Center, she was astounded by "the newness, the freshness, [and] the invigorating energy of the people I met."

Charmaine spoke so effusively of the programming and the people she found at The Center, her daughter gifted her a membership – one Charmaine has made the most of at every opportunity.

Over the months, she has taken Tai Chi, had a hearing test, gone on day trips to Smith Mountain Lake and a Potomac River cruise, and become a regular at the Move to Rhythm Dance Party, which she calls "a lifesaver [that will] move you from the top of your head to the bottom of your feet."

"I'm a walker and my goal is 10,000 steps a day... On Tuesdays, I know I'm going to get it!" she laughs. "I look forward to it every single week. We just have a ball!"

Charmaine has even brought her own programming to The Center, teaching a storytelling class in March and April 2022. She got an amazing response with 12 participants, one of whom was so inspired, they are now collaborating on a storytelling festival to take place sometime in 2023.

Even as she strengthens her roots in storytelling, for Charmaine, the possibilities at The Center are endless. She says, "I could learn a different language or study yoga... [have] the possibility to travel abroad and meet amazing people."

What Charmaine most loves about The Center are its many different outlets and its "wonderful, well-rounded group of people" where you'll meet "everyone from artists to academics."

"It's diverse in so many ways [and] it's like a second home!"

JIM HASSMER

Scrabble is fundamentally a game of making connections, putting pieces together so that they have meaning, so perhaps it is fitting that the game is what first drew Jim Hassmer to The Center. "A connector" is how many describe him, and the retired Methodist minister is driven by his genuine interest in other people and a desire to help his community.

Pastoring across Virginia for 30 years shaped Jim's perspective, instilling a passion for reducing hunger and poverty – he is now the gleaning coordinator for the Charlottesville area – as well as for furthering racial equity and social justice.

Among his many commitments to community organizations, Jim serves on the education committee of the NAACP. He says, "I feel the earth is here for all people to enjoy equally, and any disparity is unfair and unjust."

A conversation with The Center's executive director about six years ago regarding the need he saw for more diversity at the organization eventually led to Jim co-chairing the Racial Equity Special Committee and serving as a member of the Diversity, Equity, and Inclusion Committee.



"The Center has made progress in programming," Jim says, adding that "Approval of the Racial Equity Action Plan is a great step forward in some specific ways."

His motto is "Find a need and fill it."

Meeting needs and making connections permeates so much of Jim's activity both at The Center and in the greater community, and those needs can be serious or lighthearted. All foster wellness and well-being.

As President of the Charlottesville Square Dance Club, he has brought his love of square dancing to The Center, where he teaches twice a week. "It's a way of moving to music that engages with other people, exercising body and mind," he explains. "And it's fun. A lot of fun!" He appreciates the pleasure people get from participating and says that "teaching the class has opened me up."

Jim continues to play Scrabble at The Center, too, where he sees that connections go beyond letters and words. Players "talk about what's going on in each other's lives, they show concern for one another."

"The Center is a gathering place for people 50 and over, but with an amazing variety of programs; it's a place where people can connect on an ongoing basis and develop relationships that deepen."

MARIA CHEE

Every Monday, Center members don their ballet slippers for Silver Swans, improving their flexibility, strength, and coordination through the art of ballet. Unlike other Center programs, however, this one comes from a valuable community partnership with Charlottesville Ballet.

Program leader Maria Chee comes to The Center as a faculty

volunteer from Charlottesville Ballet to teach two levels of Silver Swans as one of the Ballet's five free outreach programs.

"Each reinforces the mission of the other," she says of the two nonprofits, noting the importance of physical well-being and wellness,

civic involvement, lifelong learning, and creativity to both organizations.

Maria is well poised to lead lessons with multiple degrees in dance, a Ph.D and more than ten years of teaching experience in adult education, and a stint at the Martha Graham School in New York. That's not all she brings to Center members, though. She adds, "Being a mature adult [myself] helps a lot in sharing dance with them. It gives me a certain understanding of their bodies!"

Maria has enjoyed her own time at The Center since 2014, joining an international folk dance group, watching documentaries about Native Americans, learning bridge and computer skills, and even getting her CPR certification.

"I count my blessings, because I truly enjoy it, especially [now that] The Center [has] moved to its current location with beautiful ballet studios!" she says. "The architecture and facilities are truly uplifting... It's a vibrant hub of diverse activities to its constituents!"

Silver Swans alone has much to offer its students, and it's not just about the physical benefits that lead to healthy aging.

Maria says, "This class offers social connection, cognitive exercises, physical activities, and aesthetic experiences ... Doing ballet makes them feel good."

"[When] one hears beautiful music and moves to it, it elicits positive inner emotional responses to the beauty in both movement and sound," she continues. "That's ambrosia for one's body and soul!"

Ballet is often a less accessible, and even elitist, art form, requiring money for lessons, costumes, and performance tickets. Young children need a parent with enough free time to drive them to and from class, leaving ballet the typical purview of wealthy families. Through programs like Silver Swans, Charlottesville Ballet and The Center are "democratizing ballet."

Maria says, "For those who had taken ballet lessons [at] a young age, they have a chance to be in touch with their youthful days and become that younger self again. For those who had never taken ballet classes but always wanted to, they have this chance to make their dreams come true."

The goal is not to become a professional, but simply to enjoy the beauty, mediation, and other benefits of ballet, or as Maria puts it, "to be in touch with the artistic elements within everyone's psyche."

"For one hour of class," she concludes, "you become the ballerina that you are within yourself and experience your own artistic temperament. That is truly a finer moment of life."

AWARDS

The Center at Belvedere Garners National AIA Award

The American Institute of Architects (AIA) awarded Bushman Dreyfus Architects the prestigious Design for Aging Review 2021 Award of Merit for The Center at Belvedere. In announcing this national award, AIA representatives hailed The Center as a new prototype and model for similar centers. Calling the robust offering of activities and layout, and detailed design "exceptional," the jury noted that "Every aspect of the site, program, and building reflects a strong desire to be comfortable, safe, and life-enriching for its users."



Better Business Challenge Award Recognizes Commitment to Sustainability

The Community Climate Collaborative's Better Business Challenge is a community-wide initiative that helps organizations increase sustainability efforts, save energy, and adopt waste reduction strategies. The Center's win in the small business/nonprofit category was powered by our building design, which prioritized features for energy efficiency, including solar panels, LED lighting and sensors, and water bottle filling stations. The Center is reducing and greening energy use, water use, and waste; cutting our carbon footprint with an enhanced recycling program; and spreading community awareness with environmental program offerings.



Interior Design Excellence Award

The ASID and IIDA recognized CIRCLE Design Studio with a statewide Interior Design Excellence Award (IDEA) for The Center at Belvedere, which earned First Place in its category. IDEA awards celebrate innovative and smart designs by Virginia designers.



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TO OUR COMMUNITY OF DONORS, THANK YOU!

The Center gratefully acknowledges every individual, foundation, corporation, and organization who supported healthy aging in our community with their philanthropic gifts in FY22 (April 1, 2021, through March 31, 2022).

Thank you!

Symbol Key

- 1180 Society The 1180 Society, named in honor of our long-time home at 1180 Pepsi Place, recognizes philanthropic leaders who make gifts of \$1,000 or more annually in unrestricted funds.
- ^ **Sustainers Circle** The Sustainers Circle recognizes individuals who support The Center's work every day through their commitment to make monthly contributions.
- ± Capital Campaign Campaign Donors made gifts to support the capital campaign for The Center at Belvedere.
- + Robey Society The Frances Jean Robey Legacy Society recognizes individuals who have included The Center in their estate plans or other planned gifts.



\$25,000+

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