2016 Annual Report

Creating Opportunities for Healthy Aging

Connect
Challenge
Contribute
“Our goal should be for people not just to live longer, but to have healthier, more fulfilling lives.”

Dr. John Beard
Director, Ageing and Life Course
World Health Organization
Dear Friends:

The Senior Center has a lot of moving parts: more than 100 scheduled classes and events every single week; members; guests; volunteers; partnerships with other area nonprofits; communications; finding the funds to keep it all going …

As a nonprofit accountable to our participants, volunteers, donors, and community, we look for ways to ensure we are effectively meeting our mission. Surveys, roundtable discussions, program evaluations, and other metrics play a part.

We could talk all day about how generous philanthropists help change lives through their charitable donations and volunteer service. But we also needed a more concise way of describing what the Center means for individuals and our community.

With the help of researcher Maryfrances Porter, we created a tool called an Impact Map. It lets us survey our many moving parts to find what’s most meaningful and measurable, and it provides a user-friendly framework for sharing. In mapping what we do and why, three areas emerged: Connect, Challenge, and Contribute.

This year’s report looks at how, through your support, these “three Cs” get us from the true north of our mission to the outcome that matters—real change in people’s lives.

Thank you,

Michael Guthrie
President

Peter M. Thompson
Executive Director
Evidence-Based Programs (EBPs)

The Center piloted two evidence-based programs: Better Bones & Balance and, in partnership with JABA, Stanford’s Chronic Disease Self-Management. These rigorously-researched and nationally recognized programs provide documented, positive health benefits. Older adults who participate in EBPs can improve quality of life, increase or maintain independence, and reduce disability and pain. Both programs were open to the public, and will continue on a regular basis.

UVa’s Weldon Cooper Center Report on Aging Locally

In fall 2015, we commissioned a report on the changing and unmet needs of those aging in our community. Along with analysis of demographic and membership data, researchers talked with area seniors, who detailed as needs “a sense of place within our community, the companionship of others, opportunities for expression of their talents and interests, support for maintaining good health, invitations to serve others as volunteers, access to entertainment, and programs offering education.” The report made clear the importance of the Center and the case for a broader vision and a modern facility, like the one we envision at Belvedere.

UVa Health System Listening Session

Dr. Richard Shannon, Executive VP for Health Affairs at UVa Health System, came with colleagues to the Center on October 21, 2015, looking for questions and insights from the public into what matters to them regarding health care. Dealing with infection; outcomes information; and better care coordination and access were major themes that UVa will use to guide its work to enhance patient care.

White House Conference on Aging Watch Party & Panel Discussion

On July 13, 2015, the Senior Center and JABA hosted live streaming of this once-a-decade conference intended to advance the quality of life of older Americans. Conference topics included healthy aging, retirement security, elder justice, and long-term services and supports. Former head of Geriatric Medicine at UVa Richard Linsday, MD; City Councilor Kathy Galvin; and County Supervisor and JAUNT director Brad Sheffield discussed the local angle at a midday panel.

Grand Gala 2016: Havana Nights

Seductive rhythms and tropical flavors were the perfect antidote to winter’s chill on February 27, 2016. Thanks to volunteers, guests, and big-hearted donors and sponsors—especially “Mambo King” sponsor Virginia National Bank—our second annual Grand Gala netted $165,000 to support healthy aging locally. This destination-themed fundraiser makes for a great party and a perfect tie-in with our travel program. Save the date for Grand Gala 2017: Moonlight in Paris on February 25.
Connect Challenge Contribute

The Center’s mission is to create opportunities for healthy aging through social engagement, physical well-being, civic involvement, creativity, and lifelong learning. This year, to more easily navigate and evaluate the resources, activities, and efforts necessary for making an impact, we streamlined these elements into the “three Cs” of healthy aging.

Connect: Social stuff isn’t fluff.
A social life is as important to health as diet and exercise. Social interaction is a basic human need—part of our survival instinct. Connecting with others provides support systems and the emotional wellness necessary for coping with life’s challenges. Almost everything at the Center can be social, but here we’re looking at activities like discussion groups, support groups, and social or recreational engagement that encourage conversation, rewarding relationships, and the feeling of being part of the larger world.

Challenge: The more you do, the more you can do.
It may not sound like it, but “Challenge” is all about fun. Classes for lifelong learning and fitness, performing arts groups, trips near and far ... all of them are opportunities to have fun and to grow intellectually, physically, spiritually, and creatively. More specifically—or more measurably—participants maintain or gain functional fitness, explore different ideas, learn new skills, discover or cultivate talents, and enjoy a better quality of life.

Contribute: When it comes to your health, giving beats receiving.
For older adults, volunteering is the sweet spot of healthy aging. It provides a sense of purpose—a positive social psychological factor that correlates with lower risks of poor physical health. It can enhance social networks, providing a buffer from isolation. And it reduces rates of depression in people 65 and older. Other forms of generosity benefit the giver, too, like charitable donations. Among organizations, donated space and partnerships contribute to greater civic access and engagement.

Group exercise programs are a wonderfully effective way to reduce isolation and loneliness in seniors—and have the added benefit of being great for physical and mental health.
ISOLATION IS BAD FOR YOUR HEALTH. How bad? Researchers say it’s as bad as smoking and worse than obesity. Yikes.

As we age, circumstances like retirement, the death or distance of family and friends, lack of mobility, and living alone put us at risk of losing social outlets we once took for granted. Isolation and loneliness can set in all too easily.

Feelings of loneliness are linked to depression, high blood pressure, cognitive decline, and an increased likelihood of needing long-term care. When seniors are isolated, without the ability or motivation to access support, they also have a higher risk of mortality and are more vulnerable to elder abuse.

Programs at the Senior Center can go long way toward creating valuable social connections and reducing isolation. We know this because we look at certain indicators and ask people to evaluate the impact participation has had on them. Do they see people more frequently? Have they made friends or met people with whom they can discuss personal experiences? Do they feel less isolated and more positive? Overwhelmingly, the answers are yes.

Feeling isolated? Take a class. Studies show the most effective programs for combating isolation had an educational or training component: for instance, classes on health-related topics, computer training, or exercise classes.
Connect

Linda Halterman – Sharing Smiles

It’s always a pleasure to see Linda. Petite and smiling, this 61-year old has been lending a hand since 2011, when a Region Ten caseworker, knowing Linda wanted to do volunteer work, suggested the Senior Center.

“I want to give back what was given to me,” Linda says. “I like that I get to do something for others, volunteering. I feel useful.”

Linda, who lives on her own, also welcomes the opportunity to be with others. (No disrespect to Germie, her beloved cockatiel!) “I love the people here because they are so cheerful. I smile more when I am here.” When you see the many exchanges of hugs and smiles, it’s clear the feeling is mutual.

Along with volunteer work, Linda plays Bingo and paints ceramics at the Center. She’s happy to be learning something new—“Novella is a great teacher,” she says about longtime program leader Novella Mawyer. “I have a lot of friends here. And,” she adds smiling, “I spoil them with my cookies.”

“[Being involved at the Center] helps me know that I CAN do something and it helps me a little bit with my memory. I open up and it makes me feel closer to people.” For Linda, these positive social connections provide support and motivation.

When her sister recently suffered a stroke, Linda called and asked us to add this to her story: “The people who have helped me the most are my family, my friends, and God.”

That Linda can count the Center among her friends is the greatest thanks we can share with everyone who supports our mission.
GETTING OLDER HAS ITS CHALLENGES. Why not make some of them fun?

Pursue new things or pick up old passions. Mix it up with physical and intellectual activities. Then keep it up to delay, decrease, or avoid chronic diseases—the leading cause of death and disability in the U.S.

Health in older age isn’t random. Genes play some role, yes, but opportunity and personal choice have major impact. The benefits of regular physical activity and mental stimulation are profound. The Center provides fun opportunities that are also effective health strategies to help seniors continue to do what they love.

Because there is no such thing as a “typical” senior, Center offerings appeal to a range of interests. Dozens of programs encourage people to try something unfamiliar, acquire new skills, expand their thinking, move their bodies, express themselves creatively, explore different places, and just generally continue learning.

Those who participate report great benefits. Benefits like more energy and mental sharpness, better balance and less stress. Best of all, many discover a new lease on life.

“All kinds of concentrated activities, like learning a foreign language or how to play a musical instrument, can be fulfilling for older people. But along with exercising and good nutrition, a brain that is fully engaged socially, mentally and spiritually is more resilient, Paul Nussbaum [Brain Health Center in Pittsburgh] argues.” (New York Times, July 8, 2016)
At age 79, Alice decided it was time to retire from her third career. After 25 years away, she returned to Charlottesville to be near her youngest daughter. Alice thought retirement meant days of quiet activities like knitting, puzzles, reading, and watching TV. Honestly, for an active, curious businesswoman and lifelong civic volunteer, it sounded a little too quiet, but she was willing to try.

Alice dropped by the Center to pick up information, not expecting much. “I sort of thought senior centers were just one of the ways people coddle the old so that they won’t mind being old.” Instead, Alice was surprised by all the opportunities that captured her interest and imagination.

She started with Social Bridge and Arthritis Exercise, then joined the Book Group and Writing for Pleasure. Duplicate Bridge quickly hooked her with its strategic component. She went on day trips and a ten-day getaway to Cancun. Curiosity led her to discussion series like “Religion, Science & Spirituality,” and to the Wine Club to learn about wine pairing. In between programs, she reads The Wall Street Journal and The Daily Progress in the Center’s De Lawter Library.

Alice admits that so far her retirement has been nothing like what she expected. “I haven’t bought the knitting needles; the puzzles are still stacked in the closet; I’m too busy to watch much TV. I read, but some of the books I get to discuss in the Book Group!” Alice is certain that she wouldn’t be as healthy and content as she is today if she had stuck to her original definition of retirement.

A year after moving to Charlottesville and joining the Center, Alice told her daughter, “I’m 80 years old and right now I am happier than I have ever been in my entire life.”
There is one pursuit that can keep your mind and body active, let you follow your passion and give you purpose, ward off isolation and depression, and contribute to a better community. Think we’re dreaming? Nope. It’s helping others.

Researchers have reported for years on the impressive relationship between volunteering and good health. Interestingly, the physical and mental benefits are greater for people 65 and older, particularly those who volunteer for at least an hour or two a week.

A volunteer program structured like that at the Center—with training, ongoing support, and flexibility—can ramp up the likelihood of benefits even more, according to a University of Pittsburgh-led study.¹ So it’s no surprise when people report back to us that donating service through the Center contributes to their own sense of well-being.

These volunteers are also changing the way people think about older adults. By using their talents and skills in myriad ways out in the community, seniors show they are active, involved, and essential.

Giving of yourself—be it your time, energy, or money—can pay you back in spades. “These exchanges promote a sense of trust and cooperation that strengthens our ties to others—and research has shown that having positive social interactions is central to good mental and physical health.”² No matter how you do it, giving is good for you.

Several studies have looked specifically at the effects of volunteering on those with chronic or serious illness. These studies have found that when these patients volunteer, they receive benefits beyond what can be achieved through medical care. (Arnstein et al., 2002)

¹ The Gerontologist, September 2010
² Greater Good Science Center, University of California, Berkeley, December 13, 2010
Kaitlyn Hoy—In Honor of Grandpa

Kaitlyn got involved at the Center through the Junior League of Charlottesville*. A professional event planner, she offered to help the Center plan its inaugural Grand Gala three years ago.

Kaitlyn felt volunteering here would be a good way to honor her grandfather, who had recently passed away. They were very close, and they especially enjoyed traveling together. Memories of their visit to Italy infused planning for the 2015 Grand Gala: Viva Italia!

In addition to volunteering, Kaitlyn was inspired to become a donor to the Center. Her grandfather supported causes that helped young people further their education. Kaitlyn likes the symmetry of reversing their roles through her support for the Center, with its mission of keeping seniors engaged through lifelong learning and other programs.

She came the first year for her grandfather; she came back for the sense of community and connection she found. Initially nervous about being the youngest person on the Gala committee, Kaitlyn now tells friends how welcoming everyone is here. “I love that everyone knows my name and says hello. I know that I am more than just a number and that my contributions are truly appreciated.”

Kaitlyn also enjoys hearing the stories and life experiences of those she meets here. Some of her favorite people in Charlottesville are in their 50s, 60s, 70s, and 80s, and she relishes the opportunities the Center gives her to build relationships with people outside of her own age group.

For Kaitlyn, continuing to learn and make new friends throughout one’s lifetime are critical elements of a life well lived. Her grandfather taught her that, and she’s seen it for herself. That’s why she contributes to the Center and doesn’t plan to stop any time soon. “As long as I’m living in Charlottesville, I intend to be involved with the Senior Center. I just love it.”

* It was the University League, precursor of the Junior League, that founded the Center in 1960. We became an independent nonprofit organization in 1963.
Connecting with Community

Many students in the high-risk population served by MACAA Head Start do not have proper clothing for shivering weather. The Crafty Ladies stitch love into hats and mittens of beautiful designs to meet the needs of these children.

The Crafty Ladies knit or crochet a hat-and-mittens set for each of the approximately 250 students in MACAA’s Head Start program each year. In December, the Center hosts a party at which children choose colorful handmade creations that keep them warm during the cold winter days.

The Senior Center has partnered with MACAA Head Start for many years and is true to its mission of enriching the community in which we live by serving those most in need.”

Barbara Smith
Interim Executive Director,
MACAA Head Start

The Senior Center’s Sew & Sews create perfect Medical Dolls, Bibs, and Trach Bags for our littlest youngsters at UVA Children’s Hospital! The dolls, used by our Child Life Specialist, give children a fun way to learn about their procedure, which often makes the experience less scary.

For children who have tracheotomies, trach bags hold essential supplies and are attached to the bed for immediate use by parents. Many children go home with a tracheotomy, so the bags are immensely helpful for home care as well.

We are very grateful for the support of the Sew & Sews of the Senior Center. Thank you all!”

Kimberly A. Garofalo
Volunteer Coordinator, Volunteer Services
UVA Children’s Hospital
55,116 HOURS OF VOLUNTEER SERVICE
VALUED AT $1.3 MILLION
SUPPORTING 53 AREA NONPROFITS
positively impacting people of every age

So many thanks to so many volunteers!

Byrd Abbott
Diana B. Abbott
Eileen Abbott
Margie H. Adamson
Elizabeth A. Allan
Barbara E. Allen
Seymour Allen
June S. Andrews
Laurie Andriot
Janis N. Arave
Dennis I. Arcoraci
Vicki Argie
Doreen Arzoonian
Nobuko Asai
Anna Askounis
Patricia L. Asuncion
Alice May Ausiello
Wayne Arrowood
Laurie Baber
Martha Bachman
Daniel C. Bain
Jean M. Baker
Katherine M. Baker
Wilbert E. Baker
William A. Baker
Rosemary Balister
Faith M. Balita
Sandra Ballif
Donald W. Banton

Elise M. Barnd
Tryon & Jervey Bauer
Rose M. Beachy
Betsy & Donald Bean
Michael P. Beck
Joan P. Beckwith
Roger L. Bensey
John W. Berger
Margarita
Karla Berger
Renuka M. Bhatt
William L. Bickley
Shirley B. Bloom
John Blum
Paula R. Bobulitz
Betty L. Bollendorf
Rene Bond
Barbara R. Bonesteel
Frank Boone
Bonnie Bossi
Lynn A. Bradley
John & Delores Bradshaw
Alice Brady
Jessie Branciforte
Jean Brandes
George C. Brannock
Joanne Breeden
Susan D. Bremer
Linda Breslau
Allie Bridges

Carole Brinkerhoff
Brigitte Louise Broohm
Lois A. Brown
E. Richard Brownlee II
Jutta Brubaker
Mary V. Bryant
Pamela Buckland
Mark R. Buckner
Doug & Patty Buntz
Pamela Jean Burke
Gloria & John Burns
Lorraine W. Butler
Diane H. Cady
Barbara A. Cager
Dorothy E. Cagley
Gerry Callaghan
John & Catherine Campagnino
Fern & Cleve Campbell
Judith M. Cangialosi
Wayne O. Cannon
Linda & Frank Cardella
Louis H. Carr
Peggy D. Carter
Norma Chadwick
Helen M. Chamberland
Madeleine B. Chandler
Kerby Chen
Sunny Choi
Catherine Clafin

Henry W. Clark
Tommy L. Clark
Larry & Christine Clock
Betsy Ruth Cochran
Reed Coda
Mary Ann Coffey
Danielle Compton
Lynne Conboy
Claire Condro
Alon Confibio
Tim Conlon
Patricia A. Cook
Richard & Patricia Cook
Patricia H. Cooke
Stephen W. Cooley
Eugene F. Corrigan
Nancy Cranwell
Chuck Craver
Shirley Craver
Violet & Peter Crawford
Joyce Creber
Shirley Cribbenberger
Albert Crichtenden
Whitman Cross II
Alan Culbertson
Kathleen Culbertson
Roger D. Cyr
Kathleen D. Dahlstrom
Margery L. Danner-Roth

Bob D’Angio
Michael D’Antoni
Virginia Daughtery
Marguerite David
Susan H. Dawson
Katherine Day
Agnes DeBellis
Gerard Deily
Anne Delaney
Joan P. DeLong
Elisabeth DeMaynadier
Linda K. DeMong
Alice L. DeWitt
Norman Dill
James H. Donahue
Robert Drake
Mark & Margaret Dryer
Kathryn L. Dugger
Christine Dumanski
Kirk M. Dunklee
Gabriela Duran
Janet M. Durrer
Robert H. Edgerton
Rose Edmund
Brian & Clarice Edson
Said El hachimi El igrissi
Howard Ellis
Kerry Ellwanger
Sue F. Erickson

Don’t stop here—there are lots more volunteers on the next page! If we inadvertently missed you, please let us know.
Thank you ...

Loretta Reilly
Cynthia Reynolds
Karyl Reynolds
Cathleen Rhodes
Elaine A. Ribando
Margaret Rice
Dorothy H. Richards
Paul T. Richards
Dawn B. Rigney
Martha L. Roberts
Susan W. Roberts
Frank Robinson
Norma L. Rodriguez
Barbara L. Rogers
Sally C. Rogers
Sharon Rose
Roseann M. Rosenberg
Kathleen Rosenfeld
Amethia Ross
Gilbert W. Roy
Deanie Rucker
Rodney & Carol Rullman
Rachel Ruppert
Lawrence Brian Rush
Sandra C. Russell
Jennifer Salmond
Jean J. Salter
Geraldine C. Sanders
Bruce & Jocelyn Sauls
Rosayn Pollack Saz
Allison Schnickwitzer
Gerald & Roberta Schlesinger
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Karen J. Schultz
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Michael Stalch
Marianne Stefan
Brenda F. Steigman
Arthur Stein
Joanna B. Stevens
Jan Stofberg
Aloma Stone
Ruth S. Stone
Jane E. Stoner
Ken Welsh
Larry R. Streimikis
Evelina I. Suhler
Elizabeth D. Swamback

Virginia Tahboub
Thomas J. Teising
James L. Tew
Charles G. Tewksbury
Larry Thomas
Ann Thomber
Richard Thurston
Lawrence A. Tiezzi
Ann R. Toms
Vincent J. Tomello
Jessica D. Tosto
JJ Towler
Clark Tracy
Patricia Travers
Mary E. Treadway
Jovana Trejo
Laura Troy
Leonard L. Tuchner
Robert W. Tucker Jr.
Marion S. Turk
John R. Turnbull Jr.
Delores E. Van
Phyllis B. Van Dyne
Akkr R. Veerabhadrapa
Jorgen Vik
Carly K. Vogel
William Vollrath
Chris Von Frielig
Marlene & Bob Walker
Hilda Ward
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Sally A. Watson
John S. Watterson
Linda H. Weaver
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Judith L. White
Jack D. Wintrode
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Bruce Williamson
Debbie Willing
Doreen K. Willis
Adrienne Woodard
Monica T. Woodbridge
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Emerald Young
Marguerite P. Young
Claudio & Dee Zarpelot
Jean L. Zoumbalas

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Kenneth & Sandra Fizer
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Dale Floyd
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Jane Fruchtlicht
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Wayne Gammon
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Judy L. Golden
Arlene H. Good
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Leon Gorman
Nancy Graddy
Gerald Gene Granroth
Gail Grant
Rome Gray
William S. Gray
Maud H. Greef
Richard G. Green
Virginia C. Greene
Nancy C. Grim
John Grimes
Victoria B. Gullet
Michael R. Guthrie
Alda Lloyd Haar
Henry A. Haefele
Hansie Haier
Betty Lou Hales
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Linda A. Hallerman
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Jean C. Harper
James Hassmer
Margaret Haugen
Phil Hearne
Lynn Heinbokel
Dawn Heneberry
Mary Alice Hennigan
Albert W. Highsmith
Amy Hill
Renate Hinkle
D. Merristand
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Julie D. Home

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Tonicka Hudson
Inge Hull
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Lyn Kessler
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Sharron Leland
Adele C. Levy
Mildred M. Lindsay
Kathleen Lombardi
Sylvia H. Lord
Maxine F. Lorence
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Howard A. Lowensteen
Andre’ Luck
Patricia Luke
Jean V. Lupton
Marilyn B. Lutz
Bruce L. MacCall
Barbara D. MacClellan
Elizabeth Macleod
Judith J. Mallory
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D. Vincent McMullen II
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Jennie Sue Minor
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William H. Mitchell
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Lorraine Monper
Betty Moreland
James & Angie Morrisard
Scott & Bonnie Morton
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Mary Elizabeth Murphy
Ann J. Murray
Renee Myers
Gurudas I. Natarajan
Karen A. Neumeister
Kathleen Newbury
Jean C. Newland
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Gina Paist
Felix dos Anjos Ramos Pallini
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Mea Schuster
Kathleen Schuster
Mary C. Schuster
Rachel Schuster
Sandra A. Schuster
Sheila M. Schuster
Sandra W. Schuster
Harriet Schuster
Loretta Reilly
Cynthia Reynolds
Karyl Reynolds
Cathleen Rhodes
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Martha L. Roberts
Susan W. Roberts
Frank Robinson
Norma L. Rodriguez
Barbara L. Rogers
Sally C. Rogers
Sharon Rose
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Kathleen Rosenfeld
Amethia Ross
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Deanie Rucker
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Rachel Ruppert
Lawrence Brian Rush
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Karen J. Schultz
Ellen H. Schuman
Adriana Schwenk
Stuart Scott
Judie Shapiko
Warren Shaw
Mary Ann Shelton
Ellamae Hash Shifflet
Mary S. Shore
Zohra Siddiqui
Mary T. Simonette
Sherry Simon
Leonard C. Sisk
E. Vernon Smith Jr.
Isabelle B. Smith
Margaret Snoody
Sara Snyder
Richard F. Somer
Hedy R. Southard
Philip & Julie Sparks
Barbara Spellman
Charles R. St. Clair III
Michael Stalch
Marianne Stefan
Brenda F. Steigman
Arthur Stein
Joanna B. Stevens
Jan Stofberg
Aloma Stone
Ruth S. Stone
Jane E. Stoner
Kerwin C. Stotz
Larry R. Streimikis
Evelina I. Suhler
Elizabeth D. Swamback

Virginia Tahboub
Thomas J. Teising
James L. Tew
Charles G. Tewksbury
Larry Thomas
Ann Thomber
Richard Thurston
Lawrence A. Tiezzi
Ann R. Toms
Vincent J. Tomello
Jessica D. Tosto
JJ Towler
Clark Tracy
Patricia Travers
Mary E. Treadway
Jovana Trejo
Laura Troy
Leonard L. Tuchner
Robert W. Tucker Jr.
Marion S. Turk
John R. Turnbull Jr.
Delores E. Van
Phyllis B. Van Dyne
Akkr R. Veerabhadrapa
Jorgen Vik
Carly K. Vogel
William Vollrath
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The Senior Center receives no funding from local, state, or federal governments. The Center is sustained financially through diverse revenue streams from both philanthropy and earned income.

Revenue

- Contributions: $909,380 *
- Membership Dues: 180,524
- Program & Travel: 204,626
- Fundraising Events: 201,640
- Grants: 108,156
- Rentals: 54,379
- In Kind: 28,935
- Other: 10,277

Total revenue: $1,697,917 *
* Includes $618,340 in temporarily restricted contributions to the Campaign for the Center at Belvedere, the Scholarship Fund, the Program Fund, and other capital projects.

Expenses

- Program Services: $975,265
- Fund Development: 270,508
- Administration & General: 165,859

Total expenses: $1,411,632

Assets

- Cash & Cash Equivalents: $748,254
- Seabrook Endowment: 319,995
- Other: 386,265
- Land & Facility: 3,767,648 **

Total assets: $5,222,162 **
** Includes The Center at Belvedere property.

Liabilities & Equity

- Liabilities: $188,842
- Equity: 5,033,320

Total liabilities & equity: $5,222,162

Senior Center, Inc. is a 501 (c)(3) nonprofit charitable organization. EIN 54-0735666. Contributions are tax-deductible within the extent of applicable law. The independent audit conducted by Robinson, Farmer, Cox Associates was unqualified. Both the audit report and IRS form 990 are available at seniorcenterinc.org or by request to Senior Center, Inc. The Center is nationally-accredited, meeting all the fiscal standards of the National Institute of Senior Centers.
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Maria Peter
Carolyn L. Rader
Edward Rapkin
Dorothoea S. Reilly
Jonathan Rintels
Rio Hill Wine Shop
Martha L. Roberts
Ross McDermott
Edwin Linn Rushia & Christine Fleckles
Judith Sanford
Michelle A. Sawwan
Judy Schlaski
Sandy Scluge
Kent & Judy Schlussel
Dawn Schultz
Kenneth R. Shade
Silver Lining Day Spa
Sherry Sinard
Gregory A. Smith & Susan E. Watts
Isabel B. Smith
Pamela Smith
Stuart W. Scott, LeftOverStu Photography
Suz Somerall
Dr. Lawrence G. Taff
Terry Dean & Cynthia Reynolds
Terry Dean’s Blue Light Ballroom
Charles G. & Elizabeth W. Tewskbury
The Fashion Gallery
The Graduate Hotel
Judi Tonti
JJ Tower
C. Darlene Van Every
Virginia National Bank
Chris Von Frieling
Kimberly Warschaw
Caroline Watts
Linda H. Weaver
West End Day Spa
Sharaon White
Jane & Bob Whithworth
Whole Foods Market
Judy A. Wolfe

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by: Sue Brown Pickett
Martha Lee Sikes
William "Bill" Blackford
by: Victoria K. Blackford
Edwina Blankenaker
by: Walter L. Blankenaker
Bessie Birchhead
by: Jon Beverly Whitlock
Franklin “Frank” K. Birchhead
by: Maxine & Henry Burton
Mary A. Lederman
George & Elizabeth Nowacek
Jon Beverly Whitlock
Lowell Bishop
by: Eleanor A. Bishop
Francis Burns
by: Elizabetb A. Allan
Gloria & John Burns
William & Pauline Burns
John W. Courtnet
Senior Center Golf Group
James L. Isbister
Estate of Ralph W. Latham
Donna & Vincent McMullen
Jarrett & Stephen E. Millard
Susan Seidler & Robert O. Whaley
Peter M. Thompson
Marlene & Bob Walker
Jon Beverly Whitlock
Jane & Bob Whitworth
Dorothy “Dottie” Coleman
by: Crafty Ladies
The Cummings
by: Anonymous Friends
Mary Margaret “Margo” DeMatteis
by: Betty L. Bollendorf
Madeleine B. Chandler
Marge Haugen
Jon Beverly Whitlock
Lonnie Dickens
by: Mary J. Dickens
Manuel “Mike” Dominguez
by: Jon Beverly Whitlock
Jean L. Zoumbaris
Phydele “Toni” Ehrlich
by: Kay Franke
Sheelah Scott
Peter M. Thompson
Phydele “Toni” & King Ehrlich
by: Robin Eastham
Romee & Robert Ferree
by: Brenda & Bill Steigman
Robert & Josephine Flood
by: Mary G. Flood
Frances Granger
by: Tait S. Livingood
Edith Grinde
by: Senior Center Golf Group
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- Lenore E. “Betty” Kremer by: Nancy P. Newman
- Peter M. Thompson
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- The Senior Center Staff by: Anonymous Friends

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(As of July 1, 2016)

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Thomas F. Wingfield* If you have made a planned gift to benefit the Senior Center, we hope you will tell us so we may thank you. We are happy to provide information about planned giving options. Please contact Peter Thompson at 434.974.7756 or peter@seniorcenterinc.org.

* Deceased
Thank You!

CAPITAL CAMPAIGN FOR THE CENTER AT BELVEDERE includes gifts and pledges in support of the future of healthy aging in the Charlottesville region.

(As of July 1, 2016)

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* Deceased

If you find any errors in these acknowledgments, please contact Philanthropy Director Kirstin Fritz at kirstin@seniorcenterinc.org or 434.974.7756 so that we can make the correction in our files.
FY16 BY THE NUMBERS

- **6898**
  Number of events, classes, trips ...

- **100+**
  different programs to choose from

- **489**
  volunteers

- **92%**
  Members who say their minds are stimulated by SC programs

- **55,116**
  Hours of service Center volunteers contributed to area nonprofits

- **80**
  volunteer program leaders

- **1100+**
  Number of hours of community meeting space donated or discounted

- **112**
  Scholarships for Membership

- **53**
  Nonprofits supported by Center volunteers

- **$110,000**
  value of space donated to community groups

- **89%**
  Members who attribute a more positive outlook to participation at the Center

- **234**
  Donors who have contributed for a decade or more

- **146**
  Program Scholarships

- **98%**
  plan to renew their membership

- **2/3**
  of members are between 65 and 85